

# DART Resilience Resource Review: February 9, 2022



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## Durham Resources and Happenings

*Do you have an announcement about a new resource, program, or event? This is the spot to share it!*

- **[Marijuana Legalization: Brain Science, Community Impact, and Risk Prevention](#)**, February 22<sup>nd</sup> 9:00am-3:00pm  
[Together for Resilient Youth \(TRY\)](#) and the Duke [Center on Addiction & Behavior Change \(CABC\)](#) invites you to join them February 22, 2022 from 9am-3pm for a Zoom symposium. The event titled "Marijuana Legalization: Brain Science, Community Impact, and Risk Prevention" will explore the many aspects of marijuana's influence including what happens in the brain, how it affects adolescents and how society is working to change its approach towards it. Additional group discussion will include balancing legalization with the risks to brain health.
- **Filing for Child Tax Credit**  
From now until April 18, families can file 2021 tax returns in order to receive the balance of the 2021 Refundable Child Tax Credit and/or other benefits, including the Earned Income Tax Credit. The Center for the Study of Social Policy and Children's Defense Fund are offering resources to help inform parents about the importance of filing taxes this year. They offer flyers and social media graphics: [downloaded here](#). There are also links to other resources, including the [White House's information pages and social media graphics](#).
- **February is Family Support Awareness Month**  
Governor Cooper has proclaimed February 2022 as Family Support Awareness Month, honoring the work of home visiting and parenting education programs across our state—check out the proclamation here: <https://link.edgepilot.com/s/7810237d/nVomD8O15EqmKoUn4-fZGg?u=https://governor.nc.gov/media/2921/open>

## Resilience in the News

*This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.*

- **[Reducing child poverty is a no-brainer — but not because of effects on children's brains](#)**, The Washington Post, January 28, 2022  
“Rather than marshaling support for policies to address these problems, adopting a brain-based, essentialist argument for anti-poverty family support programs not only bred disillusionment about these types of programs but also ran the risk of pathologizing poor families. Policymakers asked “what is wrong with poor children” and their families, rather than considering the many ways our policies were failing them.”
- **[California's first surgeon general, Dr. Nadine Burke Harris, resigns](#)**, The Los Angeles Time, February 2, 2022  
“When the governor appointed Burke Harris to the role, he charged her with “tackling the state’s health problems,” according to a May 2021 [profile in the Times](#). She was particularly focused on [screening and treating children](#) for

adverse childhood experiences and toxic stress, and played a key role in the state's navigation of the COVID-19 pandemic."

- [How to Build Resilience in Hard Times](#), New York Times, January 31, 2022  
"When the pandemic subsides, things will not go back to 'normal'," said Dr. Boss, who at 87 has lived through multiple upheavals, starting with World War II. With all that has happened during the pandemic, she wrote, "we can't expect to go back to the normal we had."
- [We Need Time to Rehabilitate from the Trauma of the Pandemic](#), Harvard Business Review, February 7, 2022  
"Which brings us to our current stage — rehabilitation, which can be the most painful of all. It's when we need to rebuild, repair, and regrow. And yet, by this point, we might be so over that walking boot, or that home office, that we can hardly stand it. And, as we learned in recent months, it's all too easy for our hopes to be dashed and to fall into despair if we feel we have a setback. For this last difficult phase, we have to dig deep to make this time a little easier, particularly as we focus on getting back to normal routines at work."

## ACEs and Resilience Research

*This section contains research—academic, community, and organization—about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!*

- [Preventing Adverse Childhood Experiences: Data to Action](#), CDC  
In 2020, CDC announced funding for the Preventing Adverse Childhood Experiences: Data to Action cooperative agreement to support [adverse childhood experiences \(ACEs\) monitoring and prevention](#). Currently, data on how many children and adolescents experience ACEs are limited. This hinders understanding how often ACEs occur, tracking ACEs changes over time, focusing prevention strategies, and measuring community prevention effort success.
- [Ready to Respond: Mental Health Beyond Crisis and COVID-19](#)  
Mental health system leaders on a local, state, and national level need ongoing resources to help providers deliver needed services and supports, help set policy agendas, inform legislators about best practices to advocate for funding, and promote tools to help establish needed programs to continue to build out a robust mental health continuum of care. This compendium offers just such a resource, and we are delighted to offer it as a coordinated set of guiding documents richly written and full of helpful information from the nation's leading experts in areas ranging from children in crisis to financing and data collection, partnership with law enforcement in crisis response, suicide prevention and disaster behavioral health response. Throughout the series the authors contemplate issues of

diversity and equity to help continue to drive services in the direction of equal access to all.

## Funding Opportunities

*This section contains local, state, federal, and foundation funding opportunities for work related to ACEs and resilience. If you would like to further discuss an opportunity with other DART members and would like support coordinating conversations, let Jess know.*

- [\*\*HHS Announces New Reports and Grant Program Addressing the Health Needs of Pregnant Women and Children Affected by Substance Use\*\*](#)  
The reports are being released as the Substance Abuse and Mental Health Services Administration (SAMHSA) begins accepting applications for the [\*\*Services Grant Program for Residential Treatment for Pregnant and Postpartum Women\*\*](#). This \$10 million grant program will provide pregnant and postpartum women and their children with comprehensive substance use treatment and recovery support services across residential and outpatient settings. In addition, for the first time this year, the program will extend services to fathers, partners, and other family members.

## Webinars, Conferences, and Trainings

*There may be support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette ([jbousquette@dconc.gov](mailto:jbousquette@dconc.gov)) for more information.*

- [\*\*Building a National Movement to Prevent Trauma and Foster Resilience Workshop Series\*\*](#), starting January 7<sup>th</sup>  
This workshop series will bring experts from sectors across the country to accelerate the movement by providing stakeholders, advocates and practitioners with the tools necessary to encourage and assist systems in every community in integrating trauma-informed, resilience-focused, and healing-centered approaches and principles into their daily operations, thereby making America trauma-informed. The workshops are designed explicitly to build momentum; thus, each workshop is held every 2 weeks on Friday for half a day from 1:00 - 5:00 ET.
  - 2/18: Building the Movement through Transformative Justice and Faith-Based Communities
  - 3/4: Building the Movement with Populations with High Prevalence of Trauma
  - 3/18: Building the Movement with Foundations and the Private Sector
  - 4/1: Building the Movement to Address Global Crises
  - 4/15: Building the Movement through Policy and Advocacy
- [\*\*Racism, Racist Inequities and the Child Welfare System: Implications for Prevention\*\*](#), February 16<sup>th</sup> 11:00am

Dean Dettlaff's work focuses on improving outcomes for children and youth in the child welfare system through examining the factors contributing to racial disparities and improving cultural responsiveness. His research and consultation with state child welfare systems has led to significant policy and practice improvements that have resulted in reductions in the overrepresentation of African American children in these systems. Dean Dettlaff has also conducted groundbreaking research to identify and understand the unique needs of immigrant Latino children and families involved in child welfare. This research resulted in the first national data on the presence of Latino children of immigrants in the child welfare system and their risk exposure.

- [\*\*Doing Better Together to Equitably & Innovatively Advance Reproductive Health and Healthcare with a Focus on Human Rights, Quality Improvement, and Interprofessional Collaboration\*\*](#), Mountain Area Health Education Center, Thursday February 17-March 17<sup>th</sup>  
The learning collaborative's goal is to increase awareness and engage interprofessional collaboration in the provision of maternal health/well-woman care. The learning collaborative is primarily comprised of Family Medicine, Obstetrics & Gynecology, Pediatric, and Nursing professionals as well as related providers from across the 6 perinatal care regions in North Carolina. To operationalize our efforts for sharing best practices and improving communication amongst providers, we are offering a series of continuing education opportunities, as well as technical assistance to bridge the gap between theory and practice to advance family and community health.
- [\*\*U.S. National Action Plan on Gender-Based Violence: A Listening Session For Youth Of Color\*\*](#), February 23, 6:00pm  
This is an opportunity to center youth of color voices, highlight themes, and give recommendations to the White House Gender Policy Council as they develop the first ever U.S. National Action Plan to End Gender-Based Violence. In addition to lifting up gender-based violence, the space will examine social justice, reiterate the power of youth voices, and encourage the pursuit of joy and dreams. The session has been created for and by youth of color, ages 13-17 years old.
- [\*\*The Impact of Toxic Stress on Health and Your Role in Resilience\*\*](#), NC AHEC, February 28<sup>th</sup>9:00-12:30pm  
Many health professionals do not have a clear understanding of the impact of adverse childhood experiences (ACEs), how to mitigate the risks by building up protective factors, or how to explain to their clients how toxic stress in childhood has had a sustained impact on their physical and behavioral health. The program will review the documentary Resilience; discuss social determinants of health; review tools to screen for social determinants of health including ACEs, benevolent childhood events, and adult resilience.
- [\*\*Virtual Risking Connection Basic\*\*](#), Traumatic Stress Institute, March 8-10, 2022

Risking Connection is a training program created to provide professionals serving trauma survivors with a philosophy and method for working with these challenging survivors. The 3-Day Basic Training is adapted from the original curriculum, Risking Connection: A Training Curriculum for Working With Survivors of Childhood Abuse (Saakvitne, Gamble, Pearlman, & Lev, 2000). Each day of this active-learning course includes lively presentations, small and large group discussions, application exercises, and activities designed to address self-care and well-being of treaters. All participants receive a certificate of attendance at the end of the training.

- [Exploring the Intersection of Infant/Early Childhood Mental Health and Trauma Informed Practice](#), NC Infant and Early Childhood Mental Health Association, March 17<sup>th</sup> 9:30-11:00am  
Awareness of infant/early childhood mental health (IECMH), resilience/ACEs science, and trauma-informed practice is growing across North Carolina. With this increase in awareness, professionals working with infants, toddlers, young children, and their families are wondering, “how do I fit in and what do I need to know?” This session will support participants in becoming more trauma-informed and specialized in infant/early childhood mental health. Together, as a multidisciplinary group representing many fields of practice, we will reflect on how the principles, approaches and practices of IECMH and Trauma-Informed Care (TIC) are aligned.
- [2022 Kids Policy Summit](#), NC Child, March 29<sup>th</sup> and 30<sup>th</sup>  
2022 Kids is a two-day policy summit for North Carolina’s advocates for children. You are invited to help us:
  - Learn from peers who are developing community-driven policy solutions.
  - Deepen awareness and work on centering racial equity, and
  - Connect and build power to advance racially equitably public policies.
- [The Next Step in Early Childhood Policy: Creating a Universal System of Care for Families with Young Children](#), Duke Center for Child and Family Policy, April 12<sup>th</sup> 9:00-5:00pm  
During this national convening, attendees will explore what research says about what young children and their families need and, subsequently, how universal systems of care could be developed to meet those needs. The conference will provide a national platform for researchers, practitioners, and policymakers to join together in shifting the conversation away from fixing "broken" families and, instead, focus on how to build universal systems that provide young children and families the opportunity to thrive.