

DART Resilience Resource Review: March 24, 2022



Table of Contents

1. [Durham Resources](#)
2. [Resilience in the News](#)
3. [Funding Opportunities](#)
4. [Webinars, Conferences, and Trainings](#)

Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!

- [**Courageous Conversations About Race and Youth Activism Symposium**](#), NCCU March 31st 6:00pm-9:00pm
This event will include engagement from Courageous Conversations Foundation Staff, including a keynote address from youth activist Madison Potts. This event will facilitate conversations and prepare students for action that fosters racial healing. This symposium will be followed by a Reception and Meet and Greet with local elected officials and student activists.

- [Durham Services Pipeline Survey](#), Together for Resilient Youth in partnership with the Community Safety and Wellness Taskforce
This survey is designed to help understand community assets. If you are a community program, please fill it out and please share widely!

Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

- [What to do if you're struggling with your mental health at work](#), Life Kit, March 14, 2022
When you're not in the right headspace, being at work can be difficult. Whether it's depression, burnout, anxiety or something else, struggling with your mental health while you're waiting tables or sitting behind a desk can disrupt your life and your job. But there's a stigma to taking time off to care for your mental health that's not present with physical health.
- [The New and Improved \[samhsa.gov/988\]\(https://www.samhsa.gov/988\) Section of SAMHSA's Website is Live!](#)
Substance Abuse and Mental Health Services Administration (SAMHSA) has rolled out a new 988 website today – available at [samhsa.gov/988](https://www.samhsa.gov/988). The 988 website is designed to serve as your one-stop-shop for 988 resources from SAMHSA. Notably, we want to make sure you're aware that the site contains a 988 partner toolkit. The partner toolkit is intended for SAMHSA's 988 implementation partners (crisis call centers, state mental health programs, substance use treatment providers, behavioral health systems, and others) to provide [key messages](#), [FAQs](#), and more information about what 988 is and how it will work. Although the transition to 988 happens on July 16th, SAMHSA is making these materials available now to facilitate partner efforts for collaborative and aligned 988 communication planning. These materials are designed to cover the basics of 988 and provide a strong foundation from which partners can build for their audience-specific needs. SAMHSA welcomes partner efforts in building off of these, testing with specific audiences, and sharing those learnings with each other.
- [Power of Discord](#), Family and Home Network
Conversation with Claudia M. Gold, MD, co-author, with Ed Tronick, PhD, of *The Power of Discord: Why the UPs and Downs of Relationships are the Secret to Building Intimacy, Resilience, and Trust*.

Funding Opportunities

This section contains local, state, federal, and foundation funding opportunities for work related to ACEs and resilience. If you would like to further discuss an opportunity with other DART members and would like support coordinating conversations, let Jess know.

- **[Infant and Early Childhood Mental Health Program](#)**

The purpose of this program is to improve outcomes for children from birth up to 12 years of age by developing, maintaining, or enhancing infant and early childhood mental health promotion, intervention, and treatment services. These services are expected to include:

- Programs for children at significant risk of developing, showing early signs of, or having been diagnosed with a mental illness, including serious emotional disturbance (SED) and/or symptoms that may be indicative of developing SED in children, including children with a history of in-utero exposure to substances such as opioids, stimulants, or other drugs that may impact development; and
- Multigenerational therapy and other services that strengthen positive caregiving relationships.

Eligibility is statutorily limited to human services agencies or non-profit institutions.

Anticipated Number of Awards: 4 awards

Anticipated Award Amount: Up to \$500,000 per year per award

Length of Project: Up to 5 years

Application Due Date: Tuesday, May 17, 2022

Webinars, Conferences, and Trainings

There is support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette (jbousquette@dconc.gov) for more information.

- **[Leveraging County Systems to Support Infant and Toddler Mental Health and Well-Being](#)**, National Association of Counties, March 28th 1:00-2:00pm
Children's earliest experiences impact their brain development and social and emotional skills, setting the foundation for all future development. Counties can reduce risk factors for infants, toddlers and parents by supporting positive environments and relationships, offering targeted interventions and connecting children and families to treatment as needed. Join us to learn more about promoting social and emotional well-being for infants and toddlers through existing county systems and services.
- **[2022 Kids Policy Summit](#)**, NC Child, March 29th and 30th
2022 Kids is a two-day policy summit for North Carolina's advocates for children. You are invited to help us:
 - Learn from peers who are developing community-driven policy solutions.
 - Deepen awareness and work on centering racial equity, and
 - Connect and build power to advance racially equitably public policies.

- [Smart Start Conference, May 2-5, 2022](#)
The Smart Start Conference is the nation's largest conference devoted to early education systems and strategies. The conference provides advanced professional development for early education leaders committed to improving the quality of and access to early childhood services for all children ages birth to five. It is intended for professionals who support families, for professionals who support those who work with children, and professionals engaging in early care and education systems change.
- [Tending to Our Roots](#), NC Coalition Against Domestic Violence 2022 Virtual Biennial Conference, May 10, 9:00AM - May 12, 5:00PM
Tending to Our Roots is an opportunity to aspire for abundance in a time of uncertainty. Tending to Our Roots inspires us to look at innovation in our movement using an intersectional, anti-violence lens, centering all the energy we've already invested and all the work we've yet to explore. We look forward to celebrating our community commitment to ending domestic violence in North Carolina