

DART Resilience Resource Review: May 20, 2022



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Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!

- [Mental Health Week in Durham](#), Durham Office on Youth, May 24-27th
Mental Health Week begins with Taco Bout It Tuesday (5/24), an opportunity for young people ages 13 and up and their caregivers to engage in small group discussions about mental health and, of course, eat tacos! Meet with us at the W.G. Pearson Center (600 E. Umstead Street Durham, NC 27701) from 6:30-8:30 pm. Dinner will be provided. On Thursday 5/26, relax with us on a guided hike at the Eno River Park (Westpoint on the Eno, 5101 N Roxboro Street, Durham NC 27704) at 5:00 pm. Meet at the park's shelter - look for the balloons. Refreshments will be provided. Finally, join us for a Movie Night on Friday 5/27 at 8:30 pm at the Club Blvd. Community Center (2415 Glenbrook Drive,

Durham NC 27704). There, we will have an outdoor screening followed by a group discussion on themes of mental health. Pizza and snacks will be provided. If you are interested in Taco Bout It or the Eno Nature hike, please register at bit.ly/mentalhealthmay2022. No registration is required for the movie night.

- **[Whole Schools Initiative Community Listening Sessions and Community Survey](#)**, Durham Public School Foundation
Are you a part of the Durham Public School system? DPS Foundation wants to hear from you as they are reimagining how our public schools can support the mental health of students, educators, and staff. They want to hear your experiences and your ideas for mental health support in our schools. Please take our [community survey](#) or attend one of the community listening sessions shared below:
 - MAY 23, 6:00-7:30 PM with our partners at Durham PTA. This session is open to all community members
 - MAY 24, 5:30-7:00 PM with our partners at Durham Association of Educators (DAE). This session is for DPS educators & staff / Para el personal escolar de DPS
 - MAY 26, 5:30-7:00 PM for DPS School Principals.
 - MAY 31, 5:30-7:00 PM for Social workers, counselors & other mental health professionals
 - JUNE 1, 5:30-7:00 PM with our partners at Durham LGBTQ Center. This session is for LGBTQ+ students.Additional sessions will be added throughout June to allow for more identities to have safe spaces to share their mental health experience. Please use this [link](#) to register for a session today!
- **[El Futuro ECHO Series: It Take More than Time: Grief and Loss in the Latinx Community](#)**
Project ECHO initiative will help mental health and primary care providers across the state receive expert case consultations and access to the latest research through the power of video consultation. Please register for the series [here](#).
 - June 3rd: Losing Somebody Twice: Dementia, Schizophrenia, and SPMI
 - June 10th: When the Tsunami Hits: Communal Grief and Loss
 - June 17th: Religious and Spiritual Considerations in Grief and Loss
- **[H.E.A.R.T.S 10 Year Anniversary Bless Fest](#)**, June 25th 10:00-2:00pm
H.E.A.R.T.S. has partnered with the community to provide a 10-year birthday celebration for our organization and a shopping experience to meet the needs of young parents in the community at NO CHARGE. Come tour the NEW HOME of the LoveBug Children's Closet and engage in a shopping experience for young parents to obtain clothing (infants to children size), shoes, diapers, wipes, bibs, bottles, formula, household goods, toys, books, bathtubs, cribs, playpen, car seats, etc. [Registration](#) is required.
- **[Prove & Improve: Community Data & Evaluation Skill-Building Series](#)**, Duke Social Science Research Institute, May 25, 2022

Are you wondering how to advance data-informed decision-making and understanding of impact? Curious about how to incorporate evaluation into your organization's programming?

Join us for a two-day skill-building series on data and evaluation! This free, virtual event is specifically intended for community, public, and nonprofit entities. Over two days and four sessions, we will discuss evaluation design, survey-based data collection, qualitative data collection, and university/community research & evaluation partnerships. Each day will include office hours for personalized feedback. [Register](#) (Registration is limited; if reaching capacity, we will prioritize those based in or serving the North Carolina Triangle area)

Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

- [How early traumas can affect your relationship with money](#), CNN Business, May 19, 2022
So how you handle money in adulthood may be an emotional response to those stressors, Coombs said. One response might be to become very restrictive in how you spend money and being critical of your partner's spending. Or the opposite may result, he noted. "You may be overly carefree with money, figuring you might as well live for today because tomorrow it could be gone."

Webinars, Conferences, and Trainings

There is support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette (jbousquette@dconc.gov) for more information.

- [Dual Impact of COVID-19 and Systematic Racism and Inequity on Children's Developmental Trajectories in the Early Years](#), Frank Porter Graham Center, May 24th at 12:00pm
Join FPG's Frontier program and the Equity Research Action Coalition for a workshop, Dual Impact of COVID-19 and Systematic Racism and Inequity on Children's Developmental Trajectories in the Early Years: Interdisciplinary Conversations and Creation of a Research-Policy Agenda for Children in Child Welfare, Tribal Communities, and with Incarcerated Parents. This event is designed to foster relationships between community stakeholders, practitioners, and scientists and act as a hub of knowledge for policymakers working on pressing issues in the context of COVID-19 that impact all children, but particularly those who are economically and socially disadvantaged, largely due to systematic inequities, such as racism.
- [Child Sexual Abuse as a Public Health Problem: Leveraging Science to Impact Policy](#), Kempe Center for the Prevention and Treatment of Child Abuse and Neglect, June 15 at 1:00pm

Childhood sexual abuse is a common, costly, and persistent problem affecting 20% of girls and 10% of boys worldwide. Survivors suffer a compounded convergence of mechanism that can set the stage for a host of deleterious outcomes including subsequent psychopathology, revictimization, substance abuse, teenage childbearing, sexual dysfunction, poor physical health, and intergenerational transmission. Annual US incidence rates have plateaued over the past few decades—an indication that prevention efforts have stagnated. Dr. Noll will outline the unique features that set sexual abuse apart from other forms of maltreatment and trauma in terms of its etiology, sequelae, and challenges for prevention.

By showcasing a unique state/university partnership, Dr. Noll will present results, as well as implementation triumphs and challenges, from a statewide universal sexual abuse prevention effort. Dr. Noll will also discuss the activities of Penn State's NICHD Capstone Center for Excellence (P50HD089922, PI:Noll) which include: basic research on the biological embedding of child maltreatment; community-based-participatory research that directly benefits the child welfare system; and championing a National model for the Research-To-Policy collaboration where researchers compile relevant research, translate findings into products to educate, and support policymakers in evidence-informed policies designed to protect and promote the wellbeing of children.

Job Opportunities

Please contact the hiring agency with any questions.

- [**Bilingual Family Therapist**](#), Exchange Family Center
Reporting to the Program Manager, the role of the Bilingual Family Therapist is to provide in-home therapy, utilizing the Multidimensional Family Therapy model, to adolescents and caregivers involved with or at risk of becoming involved with the Juvenile Justice and Child Protective Service systems.
- [**Family Therapist**](#), Exchange Family Center
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