



Resilience Resource Review

November 18, 2022



As the year start to draw to a close, I wanted to express my gratitude to you all. Thank you for your dedication to our collective work, your creativity, and your

persistence. May the end of this year bring opportunities for warmth, joy, reflection, and rest.

Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!

[Part and Parcel Open House, November 19, 2022](#)

Part and Parcel is having an Open House on Saturday, November 19th from 11am to 3pm. There will be food vendors, a dedication of the new space, and behind the scenes tours of the store. Part and Parcel is a package free shop seeking to reduce waste, contribute to equitable food systems, and serve as a model of neurodiversity through inclusive employment.

[WHOLE-istic Wellness Fair, November 20, 2022](#)

On November 20th join the WHOLE Schools Movement for this free event, hosted for the DPS community. It is filled with opportunities to learn more about the spectrum of Mental Health. This event is ideal for all ages, and across all identities, to allow for intergenerational learning and growth. The event will hold educational sessions, and wellness sessions to allow for moments of relaxation, laughter, and joy! The event will kick off with a community organization fair to connect the community to the various resources around them. There will be a raffle for attendees the day of to win a \$100 visa gift card. There will be free childcare, refreshments, self-care items, and more! You're welcome to come for the whole time or just part of the day!

[Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood](#), December 5th-December 7th

Screening, assessment, and diagnosis of mental health and developmental disorders in infants and young children is a complex process that requires dyadic

assessment of caregivers and children, recognition of the different developmental expressions of mental health symptoms, and awareness of cultural considerations in diagnosing young children. ZERO TO THREE's Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5 TM) is the only developmentally sensitive classification system for diagnosing mental health and developmental disorders in infants and toddlers. This training is intended for licensed practitioners such as licensed psychologists, licensed clinical social workers, licensed professional counselors, psychiatrists, pediatricians, physician assistants, and nurse practitioners whose work with infants, young children, and their families involves clinical assessment, diagnosis, and case formulation. Register by emailing Mary Wise at mary.wise@duke.edu.

[Parent Child Interaction Therapy Training: An Initial 7-Day Training](#), February 6-9, 2023 and May 8-10, 2023

This training is intended for mental health clinicians who want to become PCIT therapists and/or agencies who are interested in establishing a PCIT treatment program. Additionally, this training would be appropriate for agencies with existing PCIT treatment programs who want to increase their capacity. Please register [here](#).

Hosted by:



DPS students, families, educators, &
staff are invited to the

WHOLE-istic Wellness Fair

SUNDAY, NOVEMBER 20

Childcare is available.

Learn more and sign up for sessions at wholeschools.org/fair



A day of workshops and
experiences to learn
more across the
spectrum of Mental
Health.

FREE

for ALL DPS students,
staff and families

HOSTED AT SOUTHERN
SCHOOL OF ENERGY &
SUSTAINABILITY

REGISTER ONLINE:



Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

[Megan Thee Stallion launches mental health resource site amid youth crisis](#)

"Megan Thee Stallion is urging her fans to seek help amid a mental health crisis among U.S. youth that was exacerbated by the COVID-19 pandemic. The rapper recently launched a resource website called...which lists a diverse array of mental health and substance abuse helplines, organizations that provide free therapy and ones that work with marginalized groups, including Black men and women and the LGBTQIA+ community."

[The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement](#)

What is needed is an approach that allows practitioners to approach trauma with a fresh lens that promotes a holistic view of healing from traumatic experiences and environments. One approach is called *healing-centered*, as opposed to *trauma-informed*. A healing centered approach is holistic involving culture, spirituality, civic action and collective healing. A healing-centered approach views trauma not simply as an individual isolated experience, but rather highlights the ways in which trauma and healing are experienced collectively. The term *healing-centered engagement* expands how we think about responses to trauma and offers more holistic approach to fostering well-being.

[HHS Releases New National Guidelines for Improving Youth Mental Health Crisis Care](#)

The U.S. Department of Health and Human Services (HHS), through the

Substance Abuse and Mental Health Services Administration (SAMHSA), released a new report, *National Guidelines for Child and Youth Behavioral Health Crisis Care*, which describes the urgent need to improve crisis response services for children, youth, and families and provides guidance on how communities can address the existing gaps in care for youth.

[Cultivating a Healthier Policy Landscape: The Building Healthy Communities Initiative](#)

The Prevention Institute's research, [Cultivating a Healthier Policy Landscape: The Building Healthy Communities Initiative](#), was published in *Health Promotion Practice*. The journal article highlights policy achievements and advocacy strategies of the Building Healthy Communities (BHC) Initiative, a 10-year, \$1 billion effort launched in 2010 by The California Endowment, California's largest private health foundation. The BHC Initiative advanced local and state policy to promote health equity and empowerment for communities affected by long-standing health inequities. The article explores how the initiative—by centering movement- and power-building—helped transform local conditions.

ACEs and Resilience Research

This section contains research—academic, community, and organization—about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!

[Black Parents and Their Babies: The Dual Pandemic of Racism and COVID-19, 2019–2022](#)

"This report demonstrates that two years into the COVID-19 pandemic, Black families and their babies are surviving, although they continue to feel the weight of racism, discrimination, economic strain, and other inequities, compounded by the global pandemic. Racism and discrimination remain a concern for Black families and their babies, along with economic instability and addressing mental health

challenges."

[New SAMHSA Interim Strategic Plan](#)

The Substance Abuse and Mental Health Services Administration (SAMHSA) Interim Strategic Plan provides a roadmap to carry out the vision and mission of SAMHSA over the next four years. Priority areas include "Promoting Resilience and Emotional Health for Children, Youth, and Families.

[Stressful Life Events Among Children Aged 5–17 Years by Disability Status: United States, 2019](#)

"This NCHS Data Report shows that children aged 5-17 years with disability were more likely than those without disability to be exposed to 4 stressful life events – community violence, parental or caregiver incarceration, or to be living with someone with significant mental illness/depression or drug or alcohol use." *Dr. Harise Stein at Stanford University edits a web site —[abuseresearch.info](#) — that focuses on the effects of abuse, and includes research articles on PACEs. Every month, she posts the summaries of the abstracts and links to research articles. Some articles are available for free, but many require a subscription.*

[Analysis: Federal Funding is Available for the Trauma-Informed Movement](#)

Campaign for Trauma-Informed Policy and Practice wants to help their network access the government funding available for states, localities, and community-based organizations to address trauma. As a start, they looked at the federal grants open and posted on [grants.gov](#) through October 2022. They discovered 24 grants aligned with trauma-informed work.

Webinars, Conferences, and Trainings

There is support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette (jbousquette@dconc.gov) for more information.

[Call for Proposals Prevent Child Abuse NC 2023 Learning and Leadership Summit](#), Deadline for Submission: November 23, 2022

Prevent Child Abuse NC is seeking presentations and workshops that will increase awareness, knowledge and/or skills related to the theme of nurturing positive childhoods and that align with one of three distinct tracks of Providers, Leadership, and System Building.

[Webinar Series – Understanding the Structural Contexts of Race in Domestic Violence Prosecution and Victim Cooperation: A State-of-the-art Review](#),
December 14th 12:00-12:30pm

This webinar will feature a presentation from Dr. Venita Embry, who will be sharing about her research examining the structural contexts of race in domestic violence prosecution and victim cooperation. You can register for this webinar [here](#).



Resilience Resource Review

November 18, 2022



As the year start to draw to a close, I wanted to express my gratitude to you all. Thank you for your dedication to our collective work, your creativity, and your persistence. May the end of this year bring opportunities for warmth, joy, reflection, and rest.

Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!

[Part and Parcel Open House, November 19, 2022](#)

Part and Parcel is having an Open House on Saturday, November 19th from 11am to 3pm. There will be food vendors, a dedication of the new space, and behind the scenes tours of the store. Part and Parcel is a package free shop seeking to reduce waste, contribute to equitable food systems, and serve as a model of neurodiversity through inclusive employment.

[WHOLE-istic Wellness Fair, November 20, 2022](#)

On November 20th join the WHOLE Schools Movement for this free event, hosted for the DPS community. It is filled with opportunities to learn more about the spectrum of Mental Health. This event is ideal for all ages, and across all identities, to allow for intergenerational learning and growth. The event will hold educational sessions, and wellness sessions to allow for moments of relaxation, laughter, and joy! The event will kick off with a community organization fair to connect the community to the various resources around them. There will be a raffle for attendees the day of to win a \$100 visa gift card. There will be free childcare, refreshments, self-care items, and more! You're welcome to come for the whole time or just part of the day!

[Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood](#), December 5th-December 7th

Screening, assessment, and diagnosis of mental health and developmental disorders in infants and young children is a complex process that requires dyadic assessment of caregivers and children, recognition of the different developmental expressions of mental health symptoms, and awareness of cultural considerations in diagnosing young children. ZERO TO THREE's Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5 TM) is the only developmentally sensitive classification system for diagnosing mental health and developmental disorders in infants and toddlers. This training is intended for licensed practitioners such as licensed psychologists, licensed clinical social workers, licensed professional counselors, psychiatrists, pediatricians, physician assistants, and nurse practitioners whose work with infants, young

children, and their families involves clinical assessment, diagnosis, and case formulation. Register by emailing Mary Wise at mary.wise@duke.edu.

[Parent Child Interaction Therapy Training: An Initial 7-Day Training](#), February 6-9, 2023 and May 8-10, 2023

This training is intended for mental health clinicians who want to become PCIT therapists and/or agencies who are interested in establishing a PCIT treatment program. Additionally, this training would be appropriate for agencies with existing PCIT treatment programs who want to increase their capacity. Please register [here](#).

Hosted by:



DPS students, families, educators, &
staff are invited to the

WHOLE-istic Wellness Fair

SUNDAY, NOVEMBER 20

Childcare is available.

Learn more and sign up for sessions at wholeschools.org/fair



A day of workshops and
experiences to learn
more across the
spectrum of Mental
Health.

FREE

for ALL DPS students,
staff and families

HOSTED AT SOUTHERN
SCHOOL OF ENERGY &
SUSTAINABILITY

REGISTER ONLINE:



Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

[Megan Thee Stallion launches mental health resource site amid youth crisis](#)

"Megan Thee Stallion is urging her fans to seek help amid a mental health crisis among U.S. youth that was exacerbated by the COVID-19 pandemic. The rapper recently launched a resource website called...which lists a diverse array of mental health and substance abuse helplines, organizations that provide free therapy and ones that work with marginalized groups, including Black men and women and the LGBTQIA+ community."

[The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement](#)

What is needed is an approach that allows practitioners to approach trauma with a fresh lens that promotes a holistic view of healing from traumatic experiences and environments. One approach is called *healing-centered*, as opposed to *trauma-informed*. A healing centered approach is holistic involving culture, spirituality, civic action and collective healing. A healing-centered approach views trauma not simply as an individual isolated experience, but rather highlights the ways in which trauma and healing are experienced collectively. The term *healing-centered engagement* expands how we think about responses to trauma and offers more holistic approach to fostering well-being.

[HHS Releases New National Guidelines for Improving Youth Mental Health Crisis Care](#)

The U.S. Department of Health and Human Services (HHS), through the

Substance Abuse and Mental Health Services Administration (SAMHSA), released a new report, *National Guidelines for Child and Youth Behavioral Health Crisis Care*, which describes the urgent need to improve crisis response services for children, youth, and families and provides guidance on how communities can address the existing gaps in care for youth.

[Cultivating a Healthier Policy Landscape: The Building Healthy Communities Initiative](#)

The Prevention Institute's research, [Cultivating a Healthier Policy Landscape: The Building Healthy Communities Initiative](#), was published in *Health Promotion Practice*. The journal article highlights policy achievements and advocacy strategies of the Building Healthy Communities (BHC) Initiative, a 10-year, \$1 billion effort launched in 2010 by The California Endowment, California's largest private health foundation. The BHC Initiative advanced local and state policy to promote health equity and empowerment for communities affected by long-standing health inequities. The article explores how the initiative—by centering movement- and power-building—helped transform local conditions.

ACEs and Resilience Research

This section contains research—academic, community, and organization—about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!

[Black Parents and Their Babies: The Dual Pandemic of Racism and COVID-19, 2019–2022](#)

"This report demonstrates that two years into the COVID-19 pandemic, Black families and their babies are surviving, although they continue to feel the weight of racism, discrimination, economic strain, and other inequities, compounded by the global pandemic. Racism and discrimination remain a concern for Black families and their babies, along with economic instability and addressing mental health

challenges."

[New SAMHSA Interim Strategic Plan](#)

The Substance Abuse and Mental Health Services Administration (SAMHSA) Interim Strategic Plan provides a roadmap to carry out the vision and mission of SAMHSA over the next four years. Priority areas include "Promoting Resilience and Emotional Health for Children, Youth, and Families.

[Stressful Life Events Among Children Aged 5–17 Years by Disability Status: United States, 2019](#)

"This NCHS Data Report shows that children aged 5-17 years with disability were more likely than those without disability to be exposed to 4 stressful life events – community violence, parental or caregiver incarceration, or to be living with someone with significant mental illness/depression or drug or alcohol use." *Dr. Harise Stein at Stanford University edits a web site —[abuseresearch.info](#)— that focuses on the effects of abuse, and includes research articles on PACEs. Every month, she posts the summaries of the abstracts and links to research articles. Some articles are available for free, but many require a subscription.*

[Analysis: Federal Funding is Available for the Trauma-Informed Movement](#)

Campaign for Trauma-Informed Policy and Practice wants to help their network access the government funding available for states, localities, and community-based organizations to address trauma. As a start, they looked at the federal grants open and posted on [grants.gov](#) through October 2022. They discovered 24 grants aligned with trauma-informed work.

Webinars, Conferences, and Trainings

There is support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette (jbousquette@dconc.gov) for more information.

[Call for Proposals Prevent Child Abuse NC 2023 Learning and Leadership Summit](#), Deadline for Submission: November 23, 2022

Prevent Child Abuse NC is seeking presentations and workshops that will increase awareness, knowledge and/or skills related to the theme of nurturing positive childhoods and that align with one of three distinct tracks of Providers, Leadership, and System Building.

[Webinar Series – Understanding the Structural Contexts of Race in Domestic Violence Prosecution and Victim Cooperation: A State-of-the-art Review](#),
December 14th 12:00-12:30pm

This webinar will feature a presentation from Dr. Venita Embry, who will be sharing about her research examining the structural contexts of race in domestic violence prosecution and victim cooperation. You can register for this webinar [here](#).