

D · A · R · T

Durham ACEs Resilience Taskforce (NC)



Resilience Resource Review

January 19, 2023

Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it

Parents and Family Advocacy and Support Training, Cooperative Extension

The Parent & Family Advocacy and Support Training (PFAST) program is a fun training offered at no-cost to Durham County residents. The training explains how to navigate your child's school. During the training, we talk about different themes related to how to transform the educational experience for your child. This year's training will be offered online via Zoom and will be divided into 8 sessions of 1 hour and 15 minutes each. To sign up for sessions in Spanish, click [here](#). To sign up for sessions in English, click [here](#).

NC COOPERATIVE EXTENSION DURHAM COUNTY CENTER INVITES YOU TO
Parent & Family Advocacy and Support Training
 An 8-week online course to help parents understand the school system and virtual learning options.

EXTENSIÓN COOPERATIVA DE DURHAM LO INVITA A LA
Capacitación en defensoría y apoyo para padres y familias LPFAST
 Un curso en línea de 8 semanas para ayudar a los padres a entender el sistema escolar y los recursos disponibles.

¡Se rificarán premios cada semana y todos los participantes recibirán regalos de graduación!
 Se programará para empezar el 7 de febrero del 2023

THURSDAYS 12:00-1:15 FROM JANUARY 26- MARCH 1
 Register: <https://go.ncsu.edu/pfastfaq>
 Visit <https://go.ncsu.edu/pfastfaq> for more information
 Questions? Contact Sherrell Hicklen House, PhD at shhicklen@ncsu.edu 560-0538.

LOS MARTES 10:00-11:15 AM 7 DE FEBRERO AL 11 DE ABRIL
 INSCRÍBASE:
[HTTPS://GO.NCSU.EDU/CAPACITACIONDEPADRES](https://go.ncsu.edu/capacitaciondepadres)
 Si tiene preguntas comuníquese con Nataly Arriaga al (919) 339-1666 o en nfrias@conec.gov

Parent of Toddlers Listening Session, Empowered Parents in Community EPiC is partnering with we are to develop and implement an anti-racist curriculum for early childhood learning environments, and we need YOU to make it happen! They will be holding a listening session on January 24th at the WG Pearson Center. During this session, they aim to get feedback from parents/caregivers and educators of Black children about their experiences navigating early childhood learning environments, particularly in regards to racial inequities and food justice. Your voices are valued and will help shape our curriculum; to that end, all participants will be compensated. REGISTRATION REQUIRED: interested parties, please access the link to complete the [registration form](#)



PARENT OF TODDLERS LISTENING SESSION

January 24 | 6:00 - 7:30 p.m.
WG Pearson Center



Seeking parents, caregivers, and early childhood educators to share their experiences in **early childhood learning environments** regarding:

- Racial Equity (In the school and curriculum)
- Food Justice (Access to quality, culturally appropriate food)

Register by QR code or link:
bit.ly/3X4ZG3Y

\$25 stipend for participation
Food and childcare will be provided

For more info, contact
Brittani Clark at brittani@epic-nc.org.



Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

['I am breaking from stress': Parents are exhausted after Covid and a brutal](#)

[respiratory virus season](#), CNN, January 16, 2023

"With children back in school and daycare after the holidays, weary parents fear what illness awaits them next during this brutal respiratory virus season. Since October, RSV, a respiratory virus which often is most severe in young children and older adults, hit early and cases started rising quickly. Cases of influenza started rising soon after, all while Covid-19 continued to spread, with new variants surfacing."

ACEs and Resilience Research

This section contains research—academic, community, and organization—about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!

[Pathways to Resilience Releases New Resource for Policymakers](#), January 2023

[Pathways to Resilience](#) is pleased to announce the release of our first major publication, a National Compendium of Trauma-Responsive Policies and Programs. The compendium summarizes a wide range of interventions, policies, programs, and governing bodies that states and communities are leveraging to prevent and address trauma and promote healing across the country. This document is designed to serve as a resource for policymakers and community leaders seeking to advance trauma-responsive efforts that improve outcomes for children and families.

[Moving Forward, With Hope: Results from the 'Policymaker Perspectives on Child Maltreatment Prevention in NC' Study](#), Prevent Child Abuse NC, October 2023
The Policy Team at PCANC is thrilled to now announce the release of the full report, [Forward with Hope](#), from our research study, Policymaker Perspectives on Child Maltreatment Prevention in NC. This comprehensive report covers relevant background on Adverse Childhood and Community Experiences, Social Determinants of Health, prevention, home visiting, parenting education, paid leave, and why we chose to focus on these topics. We then discuss the study's methods and take a deep dive into the findings and implications.

[Immigration Concerns Continued to Deter Immigrant Families with Children from Safety Net Programs in 2021, Compounding Other Enrollment Difficulties](#)

[Urban Institute](#), December 2022

"In 2021, immigrant families with children were more likely to report material hardships than families with only US-born members. At the same time, more than 3 in 10 immigrant families with children with incomes below 400 percent of FPL avoided noncash public programs out of immigration-related concerns, despite the halting of the Trump-era public charge rule earlier that year. Moreover, for those who did apply for or participate in a range of public programs, the majority reported at least one enrollment difficulty, and nearly half who interacted with program staff reported difficulties doing so."

[Family engagement is critical for schools' COVID-19 recovery efforts](#), [Brooking Institution](#), December 2022

"Here, we interrogate what we do and do not know about families' interest in and engagement with COVID-19 recovery programs based on the limited research to date. We also summarize broader literatures on family engagement that can support education leaders working to better engage families in COVID-19 relief efforts."

[Clinician Guide for Trauma-Informed Care](#), [National Clinical Training Center for Family Planning](#)

This job aid serves as a guide for clinical services providers performing physical examinations in sexual and reproductive health settings. In addition to defining trauma and trauma-informed care (TIC), this guide offers a roadmap to providing TIC before, during, and after a physical exam with action steps and sample phrases. A self-assessment checklist is available at the end of this guide.

Funding Opportunities

This section contains local, state, federal, and foundation funding opportunities for work related to ACEs and resilience. If you would like to further discuss an opportunity with other DART members and would like support coordinating

conversations, let Jess know.

Advancing Healthy Food Equity, Blue Cross Blue Shield NC Foundation

Applications due: February 28th

As part of an overall commitment to increase equitable access to healthy food, the Blue Cross NC Foundation is issuing a three-year, \$300,000 (\$100,000 per year, per organization) grant opportunity to support up to 10 organizations that are led by, serving, and accountable to American Indian, Black, Latino, other People of Color, and members of immigrant communities to expand their ability to engage in advocacy for transformational changes that advance equitable access to healthy food.

Webinars, Conferences, and Trainings

There is support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette (jbousquette@dconc.gov) for more information.

[From trauma-informed to racially just and systemic: Seeing children for their truths](#), Franklin Porter Graham Child Development Institute, January 25th 1:00-2:30pm

An upcoming special lecture with Dr. Simona Goldin. Dr. Goldin and her colleagues, Dr. Addison Duane (University of Cal, Berkeley) and Dr. Debi Khasnabis (University of Michigan) will speak to us about “trauma-informed practice (TIP) as a powerful but incomplete educational tool, rarely paired with attention to naming and addressing systemic injustice and racism”. This hybrid event will be held on Wednesday, Jan,25th 2023 from 1-2:30pm. This event will be held via Zoom and in-person at the FPG Child Development Institute, Bypass Building, Room 333.

[An Introduction to Trauma Informed Care for Perinatal Healthcare Providers](#), Southern Regional AHEC, January 23, 2023 10:00 AM - 12:00 PM

This two-hour webinar is designed to introduce perinatal healthcare providers to trauma informed care. Research and clinical evidence related to the medical care of traumatized individuals indicates that patients are best served in a trauma

informed environment. Rates of trauma exposure among community healthcare patients are high, with the perinatal period introducing additional considerations for the role of trauma in maternal healthcare. Trauma histories and post-trauma symptoms serve as a barrier to full engagement and positive health outcomes for these patients.

The Impact of ACES on Autistic Individuals, Wake AHEC, January 25, 2023

9:00 AM - 12:15 PM

This workshop will provide an overview of adverse childhood experiences (ACES) and how these ACES impact autistic individuals. The presenter will review how ACES can have an ongoing impact on an individual throughout the lifespan and will particularly emphasize possible differences in symptom presentation based on autism alone versus autism and developmental trauma. Case examples will be utilized to apply the concepts and for feedback. The presenter will conclude with an overview of strategies for working with autistic individuals who have mental health conditions resulting from previous adverse childhood experiences.

Racial Equity as a Treatment Plan, Wake AHEC, March 02, 2023 9:00 AM - 12:15

PM

It has long been noted that racism is a public health crisis, but how can socially conscious providers actualize their desire to advance racial equity within their practices? Moreover, how can providers better serve their patients with criminal legal system involvement who are disproportionately also people of color? This workshop seeks to equip providers with practical tools and strategies toward those ends.

2023 Learning and Leadership Summit, Prevent Child Abuse NC, March 27-28th

Join on March 27-28th for Prevent Child Abuse North Carolina's 2023 Learning and Leadership Summit will enhance participants' practice and leadership skills through presentations and educational workshops designed to help us all support and strengthen families throughout NC and activate support for effective prevention practice. Sessions will offer insight into the latest research, strategies for increasing protective factors and building resilience, effective implementation, public awareness and advocacy.

NURTURING *positive* CHILDHOODS

2023 Learning & Leadership Summit

VIRTUAL March 27 & 28, 2023

REGISTRATION *Now Open*