



Resilience Resource Review

June 16, 2023

Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!

GUN VIOLENCE, PUBLIC HEALTH AND YOUTH

- **When:** Saturday, June 17th, 2023
- **Time:** 1:00 pm to 4 pm
- **Location:** Iglesia La Semilla UMC
806 Clarendon Street
Durham, NC 27705

A broad community of stakeholders is holding space for youth and families during this public health crisis due to gun violence in our Durham community. Durham health agencies, youth-serving institutions, and community partners are working to understand and address the root causes of violence and learn about protective factors that intersect multiple forms of violence.

The public health approach to firearm injury and violence prevention involves a collective, multi-sectoral, cross-collaborative effort. Join us to participate in activities and conversations with youth and families to inform violence-reduction policies and strategies as we continue and deepen our commitment to Durham's youth.



VIOLENCIA ARMADA, SALUD PUBLICA Y LA JUVENTUD

- **Cuándo:** Sábado 17 de Junio del 2023
- **Hora:** 1:00 pm to 4 pm
- **Lugar:** Iglesia La Semilla UMC
806 Clarendon Street
Durham, NC 27705

Una amplia comunidad de grupos interesados están reservando espacio para los jóvenes y las familias durante esta crisis de salud pública debido a la violencia armada en nuestra comunidad de Durham. Las agencias de salud de Durham, las instituciones que atienden a los jóvenes y los socios comunitarios están trabajando para comprender y abordar las causas fundamentales de la violencia y aprender sobre medidas de protección y factores que intersectan múltiples formas de violencia.

El enfoque de salud pública para la prevención de agravios y violencia por armas de fuego implica un esfuerzo colectivo, multisectorial y una colaboración amplia. Unase a nosotros para participar en actividades y conversaciones con jóvenes y familias para informar las políticas y estrategias de reducción de la violencia a medida que continuamos y profundizamos nuestro compromiso con la juventud de Durham.



Gun Violence, Public Health, and Youth, June 17th, 1:00-4:00pm

A broad community of stakeholders will be holding space for youth and families during this public health crisis due to gun violence in our Durham Community. Durham health agencies, youth-serving institutions, and community partners are working to understand and address the root causes and learn about the protective factors that intersect multiple forms of violence. The event will be

held at Iglesia La Semilla United Methodist Church. The flyer in English and Spanish is attached.

Foundation of Historical Inequities across Early Child Development.

Center for Child and Family Health, June 20th 12:00-2:00pm

To show there are inequities without showing historical context results in misinterpretation of social determinants of wellness and ineffective evaluation strategies. This workshop provides the historical foundation and current day impacts of bias and discrimination in policy, programs, and practices across Early Childhood systems. Populations that have been disproportionately impacted in various ways will be highlighted. Participants will begin an upstream process of shifting perspectives that will lead to improved decision making for systems of care. This workshop will be the first of a series of virtual trainings focused on population equity in early childhood development.



 NURTURING
DURHAM

**CONNECT WITH
SOCIAL-EMOTIONAL
HEALTH SERVICES
FOR FAMILIES**

nurturingdurhamnc.org

[Nurturing Durham Re-launch and Virtual Open House](#), June 21st, 12:00pm
The new Nurturing Durham website <https://www.nurturingdurhamnc.org/> seeks to simplify finding resources based on a family's needs and interests. The website has organized over 45 Durham services and programs in different ways to make finding a good match easy. Produced by Durham's Early Childhood Mental Health Task Force and the READY Project, the Nurturing Durham website introduces local or regional free and low-cost programs that support families from the prenatal period through the critical early years. Explore the wide variety of services available for Durham's young families at [nurturingdurhamnc.org](https://www.nurturingdurhamnc.org/). There is an upcoming virtual open house on June 21st. It will be offered in Spanish with English interpretation. [Register here](#).



Durham Mental Health Awareness Kickoff

Friday, June 30
3:00 PM- 7:00 PM
Durham Central Park
501 Foster Street



Come out and enjoy an afternoon of fun, music, food, entertainment, and community resources.

Interested in becoming a vendor? [Click here](#). Have questions? Contact Ashley Bass-Mitchell at ABassMitchell@AllianceHealthPlan.org



Public Health



Mental Health Awareness Event, June 30th, 3:00-7:00pm

The Mental Health Awareness Event is a resource event to give back to the community, bring awareness to mental health and the resources within our community. The goal of this interactive event is to be a one stop shop with food, games, resources, networking and more. Come out and join us for this FAMILY FRIENDLY afternoon of fun, music, food, entertainment, community resources, community engagement activities and more.

REGISTRATION IS FREE

To Register as a volunteering, to set up a table for your group or organization, food truck, face painting, to lead an interactive activity that the community can participate in, or entertainment (sharing yours or your groups talent). [Click here to register.](#)



DURHAM 2023

**REFUGEE
DAY**

FOOD! FUN! MUSIC!

 **SATURDAY, JULY 8TH**
3:00-6:00 PM

 **DURHAM CENTRAL
PARK**

DURHAMREFUGEE DAY.COM

[Durham Refugee Day](#), July 8th, 3:00-6:00pm

Durham Refugee Day is a community-wide event that celebrates the contributions and cultures of our refugee and immigrant neighbors and provides an opportunity to stand in solidarity with these communities. This is a FREE family-friendly event with live music, community education booths, activities for kids, and food vendors from around the world!

Day: Saturday, July 8th

Time: 3:00-6:00pm

Location: Durham Central Park

Find more information [here](#).

ACEs and Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

[One-fourth of Durham's shooting victims in 2023 have been younger than 18, data shows](#), WRAL, June 13, 2023

Some 20 people younger than the age of 18 were shot this year in Durham, the data shows as of June 3. Overall, 78 people have been shot during the same period in the Bull City. Data from the U.S. Census Bureau shows Durham has 291,928 people as of July 1, 2022. About 19.9% of them are younger than the age of 18.

[“Caring for our own” theme emerges at May Meeting of North Carolina Chief Justice’s Task Force on ACEs-Informed Courts](#), PACEs Connection, June 13, 2023

The theme unfolded across reports on children, families, victims of crime, law enforcement officers, victim’s advocates, various programs and resources, and the judges, officers, and employees of the courts themselves at the final official quarterly meeting of the North Carolina Chief Justice’s Task Force on ACEs Informed Courts in May.

The work of the Task Force, coming to the close of its two-year commitment, focused on caring for the people of North Carolina in myriad ways, as highlighted in reports from Task Force leadership, presented at the Administrative Office of the Courts (AOC) state headquarters in Raleigh.

[Juneteenth Reflections on Belonging: Timeless Medicinal Wisdom Then & Now](#),

PACEs Connection, June 14, 2023

While growing up, history seemed to be spoken about as a medicinal ointment of sorts. It was asserted by a generation of parents and caretakers in survival mode who were wary as a result of the deeply flawed construct they'd inherited as the descendants of African human trafficking victims. *Know your history* had become a cultural proverb that hoped to defy second-class citizenry and spark enough pride in children to stave off the humiliation that often accompanies the Black experience.

ACEs and Resilience Research

This section contains research—academic, community, and organization—about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!

[Applying Lessons From Major Public Health Accomplishments to Firearm](#)

[Injuries in the US](#), JAMA Health Forum, June 1, 2023 (written by [Rosa](#)

[M. Gonzalez-Guarda](#) Duke School of Nursing)

Firearm injury, a leading public health concern and cause of death, is on the rise in the US. In regard to firearm mortality, the US is an outlier: firearm homicide rates are almost 25 times higher and suicide rates are almost 10 times higher than in other high-income countries. Firearm deaths disproportionately affect young people and historically marginalized groups. In fact, firearm injuries surpassed motor vehicle collisions in 2019 as the leading cause of death for children and adolescents younger than 19 years of age. Black, Hispanic, and American Indian individuals are disproportionately affected. Inequities in firearm deaths are most dramatically observed among young Black men aged 20 to 24 years, who are up to 22.5 times more likely to die from a firearm homicide than their non-Hispanic White counterparts, making this a major driver of health inequities related to US life expectancy.

[How Eviction Affects Neighborhoods](#), Urban Institute, June 7, 2023

Eviction is a result of poverty, but it can also cause it. It significantly affects a family's mental and physical health, employment, and future housing stability and financial well-being. Housing instability is often seen as an isolated incident that only harms the affected family, but we are beginning to understand its far-reaching effects on the broader community—including crime, neighborhood quality, and local relationships.

Research suggests reducing the risk of eviction can help mediate the destabilizing effects on neighborhoods, so how can local policymakers better protect renters and their communities?

[Child Labor Is on the Rise](#), The New Yorker, June 12, 2023

"Today, however, child labor in America is on the rise. The number of minors employed in violation of child-labor laws last year was up thirty-seven per cent from the previous year, according to the Department of Labor, and up two hundred and eighty-three per cent from 2015. (These are violations caught by government, so they likely represent a fraction of the real number.) This surge is being propelled by an unhappy confluence of employers desperate to fill jobs, including dangerous jobs, at the lowest possible cost; a vast wave of "unaccompanied minors" entering the country; more than a little human trafficking; and a growing number of state legislatures that are weakening child-labor laws in deference to industry groups and, sometimes, in defiance of federal authority."

Funding Opportunities

This section contains local, state, federal, and foundation funding opportunities for work related to ACEs and resilience. If you would like to further discuss an opportunity with other DART members and would like support coordinating conversations, let Jess know.

[Children and Youth Resilience Challenge](#), US Health and Human Services

Due Date: 7/7/23

The Challenge aims to:

- Award prizes to community-led solutions that promote resilience, advance mental health and well-being, and reduce the risk for negative mental health outcomes among children and youth
- Promote positive strategies and solutions that help children and youth – and their families and support systems – thrive
- Identify and elevate promising practices that promote culturally and linguistically responsive protective factors to improve resilience and advance mental health and well-being
- Support community-led innovation in promoting resilience among children, youth, and their families (in places such as community

- organizations, early childhood education settings, schools, primary care, and other children- and youth-serving or youth-led organizations)
- Increase understanding of gaps and opportunities to promote resilience, especially in underserved communities
 - Catalyze action through public-private partnerships to broaden impact, address local needs, and promote sustainability

For the purposes of this Challenge, we consider community-led solutions to be those identified and driven by members of the community who are experts in their own contexts, needs, and solutions. A community-led solution involves community members working together – or in collaboration with other entities – to identify goals and develop plans that build on community strengths and implement those plans to achieve the goals.

Webinars, Conferences, and Trainings

There is support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette (jbousquette@dconc.gov) for more information.

[Join the NC Family Resource Network!](#) Prevent Child Abuse NC

The North Carolina Family Resource Center Network seeks to connect Family Resource Centers from across North Carolina to both increase investments and promote best practices in family support services through advocacy and collaboration. A Family Resource Center (FRC) is a trusted community hub that offers programs, services, resources, and referrals. FRCs provide support, advocacy, and opportunities, that enhance families' ability to thrive, through a strengths-based, racial equity and social justice lens. Organizations meeting the definition of an FRC (listed above) can join the NC FRC Network as an FRC Member. Others, including community members, private or public agencies, funders, or anyone in a supportive role for FRCs, can join as a Supportive Partner. In this inaugural year, there will be no financial cost to membership and membership will be based on commitments to be involved with the network. In future years, the NC FRC Network will prioritize keeping membership free or low cost. Together, we are improving child and family well-being in communities across the state of North Carolina. [Click Here for More Information! Fill out the Application.](#)

[Leading Through Hard Times: Advancing Resilience in Healthcare](#), Reconnect for Resilience, July 20th and July 27th

This specialized healthcare leadership workshop is designed for leaders who want to do more to support resilience among their staff, their patients, and themselves. In this 6-hour, interactive event, participants will learn strategies to help healthcare staff avoid burnout and strengthen their personal and professional relationships. They will also explore concrete ways to promote a culture of resilience within healthcare organizations, develop a common language around the science of stress management, and learn practical tools to support themselves and others while working in fast-paced, demanding healthcare professions.

[Reflective Supervision Learning Collaborative Application](#)

The North Carolina Infant and Early Childhood Mental Health Association (NCIMHA) believes that the infant and early childhood workforce benefits from access to reflective opportunities to explore their work, including reflective supervision/consultation (RSC). Growing evidence suggests that the practice of RSC increases the reflective capacities of professionals and decreases the experience of burnout. To meet the growing need for the workforce to have access to qualified providers of RSC and as such NCIMHA is excited to host this annual Reflective Supervision Learning Collaborative—to support NC professionals in growing their skill and capacity to provide RSC to others within their organization!

22 hours of training on the provision of reflective supervision/consultation (RSC) broken up over the year, on the following dates:

- *October 11-12, 2023*: two full in person days scheduled in the Triangle Area w/ location TBD
- *April 24, 2024*: one full virtual day (5.5 hours)
- *September 24, 2024*: one full virtual day (5.5 hours)

24 hours of your own group reflective supervision consultation with trained and supportive reflective consultants. Groups will consist of on 2-hour monthly meeting, with a consistent time to be determined by consultants and group participants. [Learn more here.](#)



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