

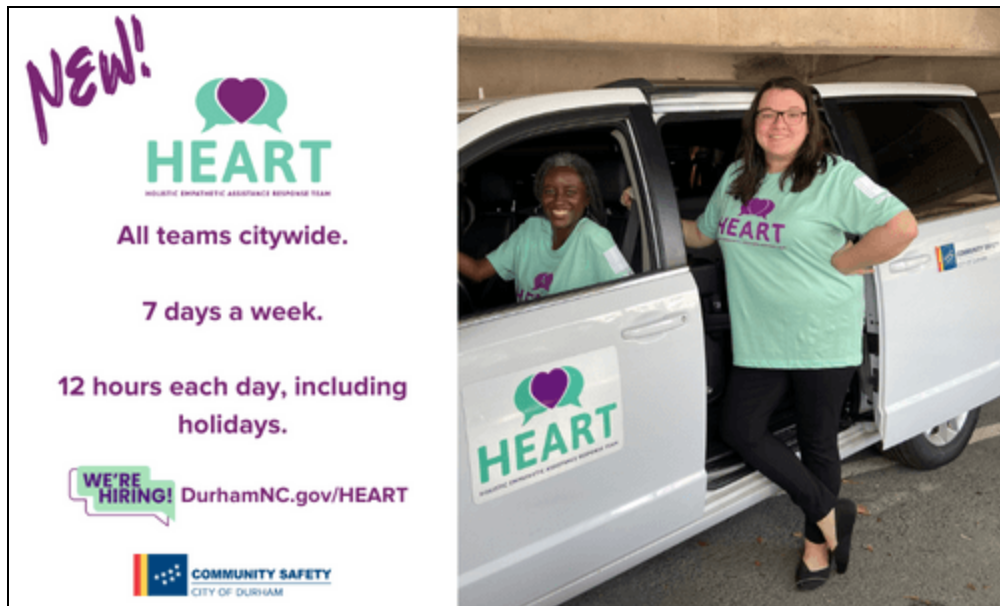


Resilience Resource Review

October 25, 2023

Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!



[Durham's HEART Program Expands Services Citywide, 12 hours a Day Starting October 23](#)

What You Need to Know

- Beginning October 23, HEART will provide services to all locations within the city limits seven days a week for 12 hours each day, including holidays.

- Although the program is expanding, nothing will change about how to receive the service. Residents need to call 911, answer the call-taker's questions, and the Durham Emergency Communications Center will send the most appropriate and available response team.
- Service expansion is possible due to the recent hiring of 19 new employees whose positions were funded during the FY23-24 budget.
- More Social Work, Peer Support, and Emergency Medical Services professionals are needed.

Durham County Awarded \$1.5 Million Grant for Energy Efficiency Upgrades in Low-income Homes in Durham, Orange, and Granville Counties, October 20, 2023

Durham County was announced as one of 12 selectees of the Energy Efficiency and Conservation Block Grant (EECBG) Competitive Program, a funding opportunity from the Office of State and Community Energy Programs at the U.S. Department of Energy. Durham County, the only entity in North Carolina to be selected for the grant program, was awarded \$1.5 million to implement a program that will reduce energy burdens and promote energy efficiency in under-resourced neighborhoods in Durham, Orange, and Granville Counties. The EBERP will conduct neighborhood-focused residential energy upgrades in Justice40 communities and other overburdened and underserved communities most impacted by pollution and other environmental hazards. They will also conduct energy efficiency workforce training efforts in disadvantaged communities. The program is expected to impact more than 350 households, reducing energy use by 8-20% while making homes healthier and more affordable. The program will be developed over the next 6-8 months and is expected to be open for participants in late 2024.

Conversation on DCo Thrives: Counties for a Guaranteed Income, October 2023

This pilot program was approved by the Board of County Commissioners in the summer and will soon begin the process of implementation of the first pilot group. Building off the success of Mayors for a Guaranteed Income, the official launch of the Counties for a Guaranteed Income was held earlier this year at the White House, and Durham County joined as a founding partner. Chair Howerton and Commissioner Allam are founding members.

Resilience Focused Motivational Interviewing, December 11th, 9:00am-4:30pm

The Community Resilience Model can help people to self-regulate so they can

move out of survival mode back into a space where they can thoughtfully explore. We can then use Motivational Interviewing to partner with people to identify their readiness, willingness, and ability to make meaningful change in their lives. Together we will explore blending resiliency pauses with techniques to draw out people to find out their motivations and help them become empowered to make change to meet their own goals rather than trying to persuade them change. Motivational Interviewing can be used to help people follow through on using self-care strategies while creating and following through on plans to manifest their goals.

Parent-Child Interaction Therapy (PCIT) Fundamentals Training, starting in February 2024

[View Brochure](#) | [Apply by December 1, 2023](#)

This training is intended for mental health clinicians who want to become PCIT therapists and/or agencies who are interested in establishing a PCIT treatment program. Additionally, this training would be appropriate for agencies with existing PCIT treatment programs who want to increase their capacity.

ACEs and Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

[Essentials for Childhood Highlights Evidence-Based Economic Supports that Protect Children and Families](#), September 7, 2023

Convened by the NCIOM's Essentials for Childhood project in August, the summit, Economic Supports: A Path to Reduce Childhood Adversity, provided a deep look at the evidence and an opportunity to learn from other southern states' investments in concrete supports. A panel of North Carolina leaders in child and family well-being also shared their experiences and recommendations.

[Child Care Providers Worry About ARPA Funds Ending](#), RAPID, August 29, 2023

The financial supports from the American Rescue Plan Act (ARPA) were critical to buffering the effects of the pandemic on child care programs. But deep inequities and challenges in the child care sector existed before the pandemic that will still be there when this funding ends in September 2023.

This fact sheet summarizes what providers have shared about these relief funds and what they expect the impacts to their program may be when the funds are no longer available

Medicaid Expansion Starts December 1st!

Beginning December 1, 2023, more North Carolinians will be able to get health coverage through NC Medicaid. This will be a game changer for the more than 600,000 people who will be able to access health care and is the most significant investment in the health of our state in decades.

NCDHHS has a new [website](#), bilingual toolkit, and a sign-up form to stay updated on the most current information about how more North Carolinians will be able to get health coverage through NC Medicaid. Please use these tools with your networks and communities.

The bilingual toolkit includes:

- [Day 1 Flyer](#): An overview of who is eligible and how to enroll.
- [Newsletter Template](#): Content to include in your newsletters and emails.
- [Social Media](#): Graphics and posts to share on your channels.
- [Family Planning Flyer](#): Information for the approximately 300,000 people who receive limited benefits through Family Planning Medicaid who will be automatically enrolled in full Medicaid.
- [Medicaid Essentials Deck](#): A presentation to share with your community on who is eligible and how to enroll.
- [FAQ](#): Answers to common questions.
- [ePass Video](#): An overview of how to apply online through ePass.

To stay updated with the latest information, be notified when the application process goes live, and receive the newest resources, complete this [sign-up form](#).

NC Medicaid coverage helps you get the health care you need.



Health services NC Medicaid covers include:

- regular check ups
- hospital visits
- behavioral health
- vision and hearing
- devices and therapies
- health visits when you're sick
- care during and after pregnancy
- benefits to help pay for prescriptions

Apply now at epass.nc.gov.



ACEs and Resilience Research

This section contains research—academic, community, and organization—about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!

[Trauma & Resiliency Toolkit for Community Health Workers](#), Arizona State University School of Social Work

This evidence-informed Toolkit was developed by Arizona State University Office of Community Health, Engagement and Resiliency's (OCHER) Center for Resilient Communities (CRC) through funding provided by the Substance Abuse and Mental Health Services Administration (SAMHSA), in partnership with the National Child Traumatic Stress Network (NCTSN).

The information and resources found in this Toolkit are aimed at providing tools to Community Health Workers (CHWs), Promotores de Salud, Community Health Representatives, Community Health Advisors, Peer Support, Navigators, and other related titles, who primarily serve historically marginalized and disenfranchised communities, in efforts to build on their existing knowledge, and provide education and guidance on how to respond and support children, adolescents and families who experience trauma and toxic stress.

[Mental Health Promotion and Suicide Prevention for LGBTQIA2S+ Youth](#)

This series of guides can help professionals, families, and communities support the mental well-being of Lesbian, Gay, Bisexual, Transgender, Queer, Intersex,

Asexual, and Two-Spirit (LGBTQIA2S+) youth. The series includes a resource guide and four companion focus guides designed for specific populations. Developed by SPRC in partnership with NORC at the University of Chicago, the guides center the input of LGBTQIA2S+ individuals and those who have experienced suicidal thoughts and behaviors.

[2023 County Data Dashboard Now Available](#), NC Child

"In looking at the statewide data, what we're seeing is that the policies our leaders enacted to support children and families during the worst of the pandemic helped combat child poverty rates in North Carolina; for example, the median household income increased by more than \$4,000 and the percentage of children living in food insecure homes dropped by three percentage points. What this tells us is that we don't have to accept child poverty as a given, and as federal programs like the expanded Child Tax Credit expire, we have to continue pressing for policies at the state level to help us retain the ground we gained."

Durham COUNTY

2023 NC DATA CARD

NORTH CAROLINA		DURHAM	
Child population:	2,850,460	Child population:	95126
Percent under age six:	24%	Percent under age six:	25%
Number of live births:	120,501	Number of live births:	4,245



*Percentage is not reported if it is greater than 95% or less than 5%

For complete data notes and sources, visit ncchild.org
Contact Luna Homsy at luna@ncchild.org with any questions.

NC Child
The Voice for North Carolina's Children

Webinars, Conferences, and Trainings

There is support to help with attendance at relevant trainings and events. Please reach out to Jess Bousquette (jbousquette@dconc.gov) for more information.

[NCIOM Annual Meeting 2023 - Promoting the Mental Health and Well-being of Children and Youth in North Carolina: Solutions for a Brighter Future](#)

The 2023 North Carolina Institute of Medicine Annual Meeting, with presenting sponsor The Duke Endowment, will be held on November 14, 2023 from 8:00 am - 4:00 pm at the McKimmon Conference and Training Center in Raleigh,

NC. NCIOM's 40th annual meeting, *Promoting the Mental Health and Well-being of Children and Youth: Solutions for a Brighter Future*, will highlight the factors that influence the health and well-being of our state's children, from social drivers of health to protective supports at the family, individual, and community levels. The 2023 NCIOM Annual Meeting will provide an opportunity to examine the causes of rising prevalence of mental health and substance use issues and encourage innovation in how we care for children, youth, and families in our state.

[Vital Subjects - Leaning In: Historical Trauma and Cultural Responsiveness in Victim Assistance Services and Programming](#), Office for Victims of Crime Training and Technical Assistance Center, November 15th 2:00pm

Learning about the key differences in cultural competency, cultural humility, and cultural responsiveness and the complexities of historical trauma among traditionally underserved members of communities impacted by crime is a critical factor in delivering trauma-informed services to victims and survivors of crime. This webinar will discuss communicating the importance of cultural responsiveness and how to incorporate these concepts into practice for service delivery and program development to significantly enhance the services and support provided to victims of crime.

Job Opportunities

Please contact the hiring agency with any questions.

[Family Connects Durham is hiring a Nurse Home Visitor](#)

Family Connects Durham (FCD) is a community-wide nurse home visiting program developed in Durham, NC, for parents of newborns. The mission is to increase child well-being by bridging the gap between parent needs and community resources. A FCD home visiting nurse provides universal home visiting to families with newborns in Durham County. The goal is to support and assess family needs in 12 domains of physical and psychosocial well-being and facilitate referrals and connections to community agencies to support families in these areas.



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