



February 19th, 2026

Resilience Resource Review

Durham News and Announcements

This section addresses important information for keeping our families and community safe, as well as DART partner updates and announcements.



Measles exposure in Durham February 6

An individual with measles visited the following locations on Friday, February 6. You may have been exposed to measles if you visited these locations during the time frames below:

- Goodwill, 4318 Garret Rd., Durham, NC
• February 6, 2026, 10:20AM to 1:10PM
- Chubby's Tacos, 4711 Hope Valley Road., Durham, NC
• February 6, 2026, 11:45AM to 2:30PM
- Plato's Closet, 8128 Renaissance Pkwy #110, Durham, NC
• February 6, 12:45PM to 4:00PM

If you visited one of these locations during these time frames, check your vaccination status and get vaccinated as soon as possible if you are unvaccinated; monitor your symptoms for 21 days; and call your doctor if symptoms develop.

Learn more: <https://tinyurl.com/2rabwb5t>

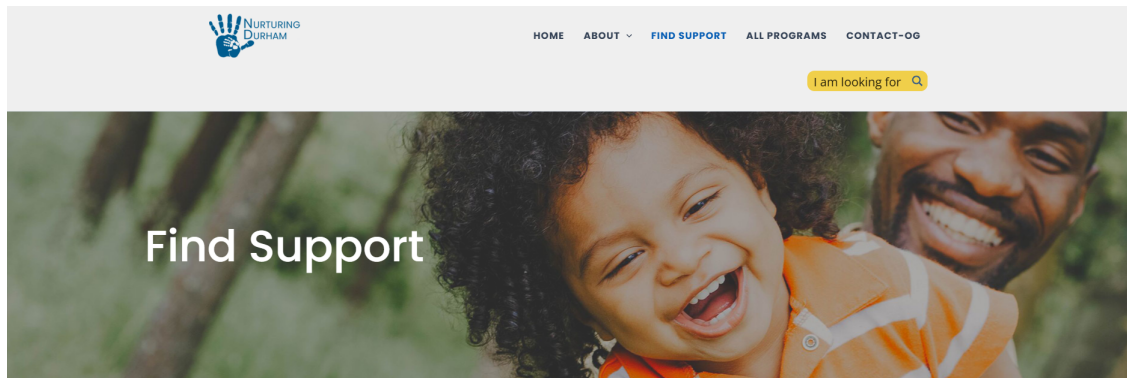
[Measles Exposure in Durham](#), Durham County Department of Public Health

An individual with measles visited a Goodwill, Chubby's Tacos, and Plato's Closet in Durham on Friday, February 6. Learn more in the news release [here](#).

If you visited one of these locations during the affected time frames:

- Check your vaccination status and get vaccinated if you are not yet vaccinated
- Monitor your symptoms for 21 days
- **Call** your doctor if symptoms develop. Measles is extremely contagious. Do not visit your doctor without calling first. Call 911 if you are experiencing a medical emergency.

To find more North Carolina measles data, visit the [Durham County resource page](#) or [visit the NCDHHS dashboard](#).



[Nurturing Durham - New Find Support Feature](#)

Nurturing Durham is excited to share an update to their resource lists! Users can now click on a category and an editable, printable version of all the resources in the category will be created. This feature will allow organizations to tailor the resource document to a client based on what they qualify for or need. To try it for yourself, [click here](#).



[Healthy Families Durham Seeks Enrollees](#)

Healthy Families Durham (HFD) offers early childhood intervention services through an intensive home-visiting program. They also offer bilingual Child-Parent Psychotherapy (CPP). This therapeutic service is free for parents and children (0-5 years old) who have experienced traumatic events, such as witnessing violence, separation from caregiver, and chronic stress, in order to help them cope with the negative impact of these events. Hour-long home visits are provided weekly for one year. To learn more, [visit their website here](#).



[Together for Resilient Youth \(TRY\) Selected for National Grant](#)

Together for Resilient Youth (TRY) has been selected as one of 10 organizations nationwide to receive a highly competitive grant! Out of hundreds of applications from across the country, TRY was chosen to continue their vital work serving Durham County's youth and families. Congratulations!

Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!



[Durham Tech Mural Project](#), Durham Tech, Spring 2026

Durham Tech will hold community painting days in Spring 2026. The theme for the mural is *BELONGING* and they would love for you to share your ideas. Answer one, some, or all the questions and share your email so the mural team can let you know how to stay involved. This community engagement effort will inform the design so that it resonates with the people who will be impacted by the mural. Contribute your ideas [here](#).



[Pre-K Family Info Session](#), *Durham PreK, Zoom, February 21, 10 -11:30 am*

The 2026-2027 application season is almost here! Join Durham PreK for their Family Information Session to learn more about the application process before it opens on March 2nd. To learn more and sign up, visit their website [here](#).

EPIC PRESENTS

RECLAIM

Resisting Erasure, Celebrating Liberation,
Advocacy, Identity & Movement

2ND ANNUAL GALA

FEBRUARY 28, 2026 | 6-10PM

SHERATON IMPERIAL 4700 EMPEROR BLVD.
DURHAM, NC 27703



FEATURING KEYNOTE SPEAKER:
CONGRESSWOMAN VALERIE FOUSHEE



MASTER OF CEREMONY:
JOSHUA GUNN

TICKETS: \$125

PURCHASE TICKETS:
<https://givebutter.com/RECLAIMgala>

Or Scan QR Code
To Purchase



[RECLAIM Gala](#), Empowered Parents in Community (EPiC), Sheraton Imperial Hotel, February 28, 6 pm - 10 pm, \$125

Empowered Parents in Community (EPiC) invites you to join them for their RECLAIM Gala. This special evening will feature Congresswoman Valerie Foushee as the keynote speaker and Joshua Gunn as the Master of Ceremony. Come together to reclaim advocacy, identity, and movement in support of family engagement and student success. Buy your [gala tickets here!](#)



Mental Health FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

[Youth Mental Health First Aid](#), Alliance Health, Zoom, February 25, 9 am - 2:30 pm, \$23.95

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. [Register here!](#)

Webinars, Conferences, and Trainings



Coalition to Prevent Child Sexual Abuse

[Prevent First North Carolina: Bimonthly Meeting](#), Coalition to Prevent Child Sexual Abuse, Zoom, February 19, 10 am - 11:30 am

Launching this month, Prevent First North Carolina will unite cross-sector partners to prevent child sexual abuse and exploitation. The coalition will engage state leaders, local professionals, and community supporters to help build North Carolina's unified prevention movement; one driven by shared data, sustained coordination, and strengthened through statewide capacity-building. Your voice and experience are essential to the work of protecting North Carolina's children now and for generations to come! To learn more and sign up, [click here](#).



[What To Do In A Mental Health Crisis: Strengthening Faith-Based Responses](#),
North Carolina Council of Churches, Zoom, February 24, 12 pm - 1 pm, Free
Join the North Carolina Council of Churches for a webinar designed for faith leaders and community members to build skills and confidence in responding compassionately and effectively when someone is in crisis. Faith communities are uniquely positioned as trusted, accessible spaces where care, understanding, and connection can begin. Participants will learn how to recognize the signs of crisis, offer a supportive presence, and connect individuals to appropriate resources, including the [988 Suicide & Crisis Lifeline](#).
[Register here!](#)

STRENGTHENING FAMILIES PROTECTIVE FACTORS TRAINING



Social
Connections



Social and
Emotional
Competence



Knowledge of
Parenting & Child
Development



Concrete Support



Resilience

Virtual Introduction to the Protective Factors Training

REGISTER

Today!

INFO TO KNOW

- Date: February 24th
- Time: 9 am- 12 pm
- Space is limited
- Cost is free!



Positive Childhood
Alliance
NORTH CAROLINA

[Introduction to the Protective Factors](#), *Positive Childhood Alliance North Carolina, Zoom, February 24, 9 am - 12 pm, Free*

This introductory course was created to help child welfare systems, early education, prevention organizations, and other programs work with parents to build five protective factors that, when present, increase the overall well-being of children and families. Protective factors are attributes that serve as buffers, helping parents find resources, supports, or coping strategies that allow them to parent effectively, even under stress. Register at the [Zoom link here](#).



[Disability Throughout the Lifespan: Early Childhood to Young Adulthood](#), *The University of North Carolina at Chapel Hill School of Social Work, March 12th and March 19th, 12 pm - 2pm*

This interactive training will provide participants with information surrounding the culture of disability and its impact on stages of life. The trainers will share their expertise from their varied experiences working with individuals with differing needs and their families. Participants will expand their knowledge surrounding development and learning specific to intellectual disability with specificity on different age groups including early childhood, adolescence, and transitional aged youth. To register, click [here](#).



[Trauma to Transformation Training](#), *Blue Ridge Health Families, 87 Haywood Rd., Asheville, March 19, 8 am - 4 pm, \$100*

Blue Ridge Healthy Families and internationally recognized speaker Tonier Cain invite you for a powerful training on the R.I.C.H. Approach - a trauma-informed framework built on Respect, Individuality, Connection, and Hope. This training will be held on March 19 from 8am-4pm at Harrah's Cherokee Center Banquet Hall (87 Haywood Rd. Asheville, NC). Registration is \$108.55.

[Register here](#).



Copyright © 2025 Durham Adverse Childhood Experiences and Resilience Taskforce, All rights reserved

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).