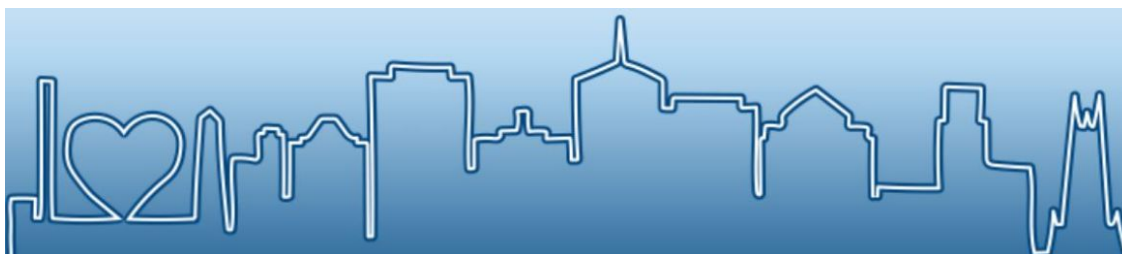


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March 19th, 2026

Resilience Resource Review

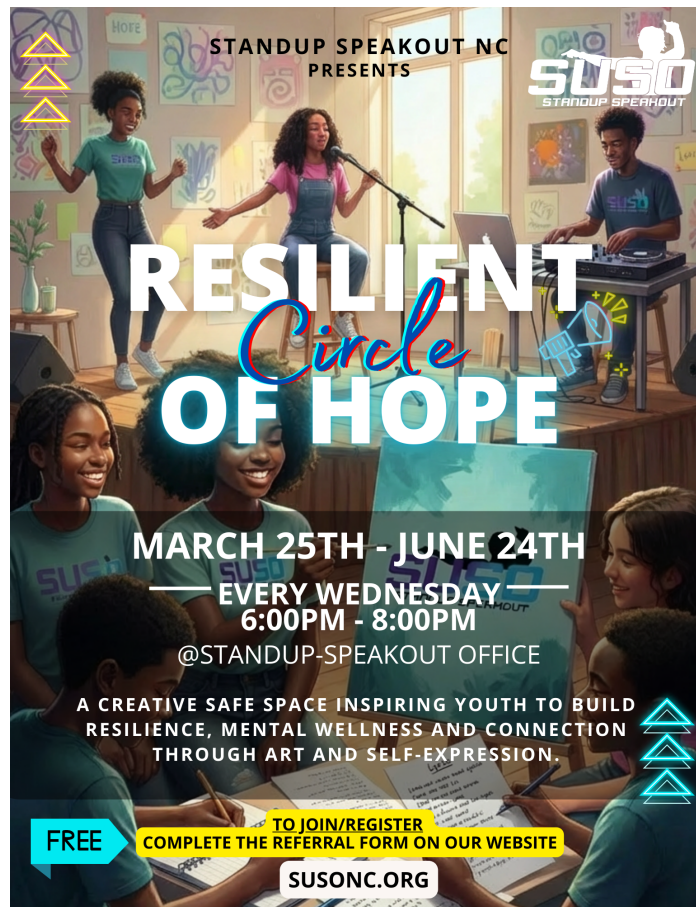
Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!



[LIFT Youth Showcase](#), *Together for Resilient Youth (TRY)*, Zoom, March 22nd, 7 pm - 8 pm

TRY invites you to see the creativity of their LIFT youth health ambassadors! Youth Health Ambassadors are trained peer leaders who leverage authentic relationships and shared experiences to influence positive health behaviors among their age group. They serve as trusted sources of accurate information, helping peers resist negative influences and make informed decisions about their health and wellbeing. You can find the Zoom link [here](#).



[Resilience Circle of Hope \(RCOH\)](#), *StandUp - SpeakOut*, 3326 Chapel Hill Blvd, March 25th, 6 pm - 8 pm

The Resilience Circle of Hope (RCOH) is a 14-week support group that uses art therapy to help youth build resilience and improve their mental health.

Throughout the sessions, participants will engage in activities and discussions that promote the development of coping skills, self-care strategies, and positive peer connections. Participants will have the opportunity to connect with peers who may be experiencing similar challenges, fostering a sense of belonging and understanding. RCOH will be held in person at the StandUp-SpeakOut office every Wednesday. Interested? [Click here](#).

Free Monthly Webinar

**Stress, Resilience, & Syndemic
Health Outcomes Among
Latinos in the U.S.**

Presented by
Rosa Gonzalez-Guarda, Ph.D.



**April 10th
12-1:30pm ET**

See registration page for
continuing education
information.

**El Futuro
La Mesita**
join us: la-mesita.mn.co

[Stress, Resilience, & Syndemic Health Outcomes Among Latinos in the U.S.](#), *El Futuro*, Zoom, April 10th, 12 pm - 1:30 pm

This webinar will help participants frame health and wellbeing among Hispanic/Latinos living in the U.S. using a syndemic, population health perspective which considers co-occurring health and social problems with common risk and protective factors. Original research highlighting the role of acculturative stress and resilience will be highlighted to inform practices, programs, and policies addressing the substance use, violence, HIV, and mental health syndemic in this population. [Click here to register!](#)



SAVE THE DATE WEDNESDAY, APRIL 15, 2026

Durham Tech Main Campus
1637 E. Lawson St., Durham, North Carolina 27703

REGISTRATION: 8:00 am **PROGRAM:** 8:30 am – 4:30 pm

Trauma-informed care improves patient outcomes, reduces costs, and improves patient satisfaction. Despite these benefits, many healthcare providers have not received or have received limited training or continued education in trauma-informed care. This conference aims to increase provider knowledge and skills to provide trauma-informed care in Durham County.

Target Audience

Physicians, advanced practice providers, nurses, psychologists, case managers, behavioral health professionals, social workers, community health workers, health specialists, and others interested are welcome to participate that practice in Durham County, North Carolina.

This conference is for healthcare professionals in Durham County, North Carolina only.

The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



CLICK HERE TO REGISTER



Public Health



DURHAM TECH

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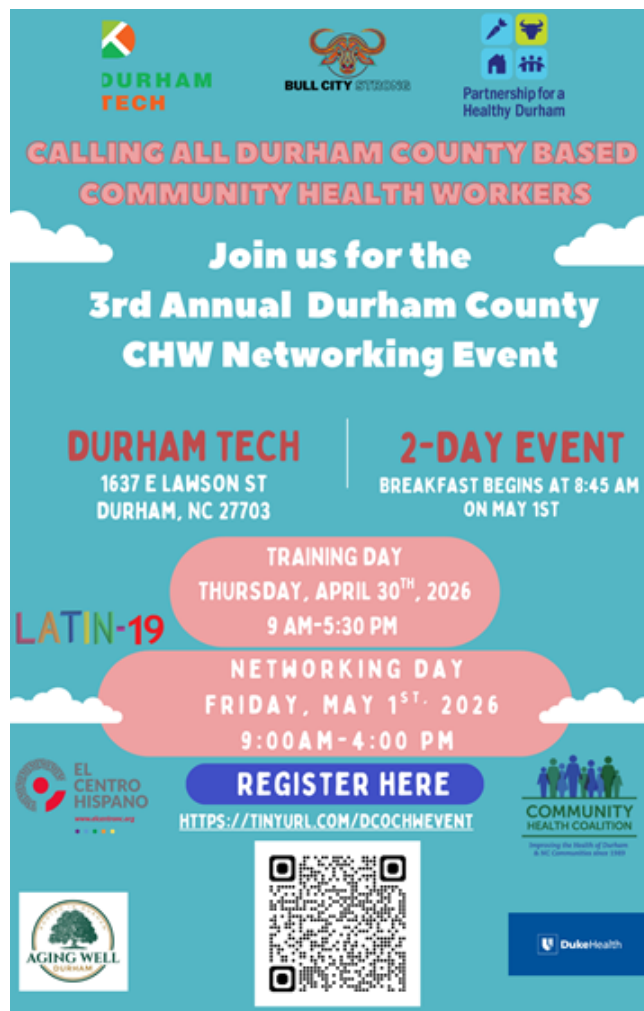
WAKE AHEC

PART OF NC AHEC

77928AS

[Trauma-Informed Care Healthcare Provider Conference](#), DCoDPH, Durham
Technical Community College, April 15th, 8:30 am - 4:30 pm

Trauma-informed care improves patient outcomes, reduces costs, and improves patient satisfaction. Despite these benefits, many healthcare providers have not received or have received limited training or continued education in trauma-informed care. This conference aims to increase provider knowledge and skills to provide trauma-informed care in Durham County. 6.25 CEs are available for attendees. To register and learn more, [click here](#)!



[3rd Annual Durham County Community Health Worker Event](#), *Bull City Strong, Durham Technical Community College, April 30th & May 1st*

You are invited to the 3rd Annual Community Health Worker Networking Event for Durham County. This is a two-day celebration and opportunity for paid or volunteer Community Health Workers (or similar roles) to network and learn together. This year, the theme is Knowledge to Action: Building Resilience, Strengthening Community. The event will take place at Durham Tech. To register, [click here](#)!

ACEs and Resilience Research and News

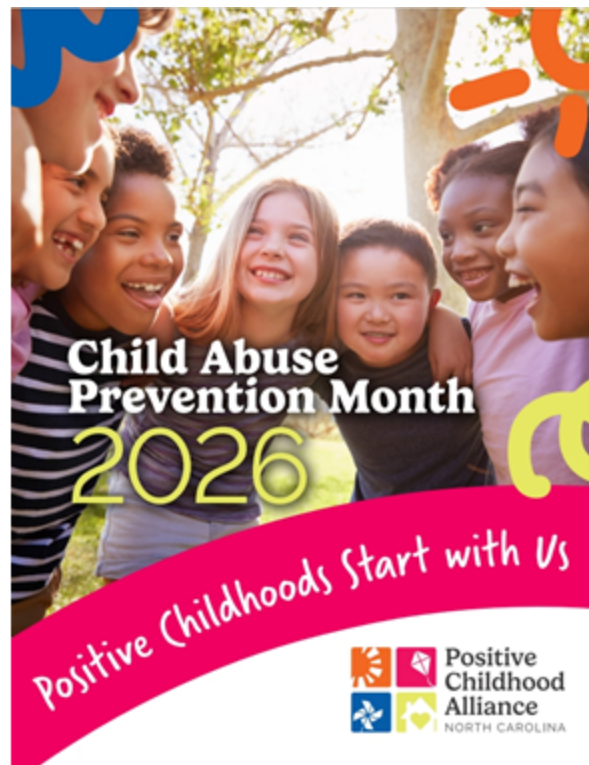
This section contains research - academic, community, and organizational - about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!

California parents of young children speak about immigration enforcement in their community



[California Parents of Young Children Speak About Immigration Enforcement in Their Community](#), *RAPID Stanford Center on Early Childhood*

This fact sheet presents insights from parents of children under age 6 who participated in RAPID-California surveys between September and December 2025, to document the experiences of California families as immigration enforcement activities increased in communities across the state. Among the California parents who noticed impacts of immigration enforcement activities in their community, three in four indicated concerns of reduced sense of safety, belonging, and unity in the community. To read the full report, click [here](#).



[Child Abuse Prevention Month Toolkit](#), *Positive Childhood Alliance NC*

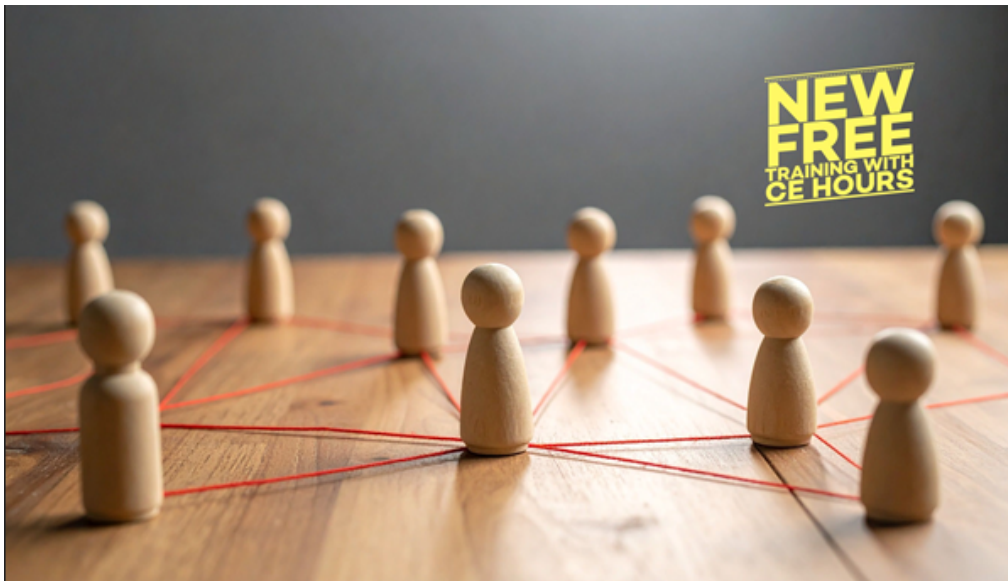
Now available in both English and Spanish, Positive Childhood Alliance NC invites you to download their 2026 toolkit. Start planning your advocacy and awareness efforts using adaptable resources, including social media graphics, key messaging, flyers, and more to engage your community. Whether you're planning a community event, participating in Wear Blue Day on April 10, or advocating for family-friendly policies, these resources were created to help you make an impact. Find the toolkit [here](#).



[El Futuro 2025 Annual Report](#), *El Futuro*

El Futuro is proud to share their brand new 2026 Annual Report — a reflection of what's possible when mental health care is culturally responsive and community-driven. Inside, you'll find highlights from the past year, stories of resilience, and a look at how community support helps families access meaningful care. To read the report, click [here](#).

Webinars, Conferences, and Trainings



[Introduction to Motivational Interviewing: MI Practice Through A Macro Lens](#), Behavioral Health Springboard, Online Course

This free course explores how Motivational Interviewing (MI) can be applied beyond traditional therapy settings. Examine how MI supports change in organizational, educational, child welfare, and criminal justice environments. The course also introduces Macro MI, an emerging hybrid approach that expands MI practice beyond a client's internal thoughts and emotions to include the broader systems, such as family, community, and organizations that influence behavior. By taking this more holistic view, practitioners can better understand presenting concerns and identify more effective, environmentally responsive interventions. [Click here to learn more!](#)



[Sensory Integration and Processing Workshop](#), UNC Chapel Hill School of Social Work, 100 Europa Dr, Chapel Hill, April 24, 9 am - 3 pm, \$60

Continuing their Children with Complex Needs series, this interactive training will provide participants with an opportunity to expand their knowledge of sensory integration. Learners will be able to learn and practice hands-on

strategies with consultation and instruction from an occupational therapist. All who join this training will leave with sensory items and an increased understanding of ways to utilize this in the support of youth with complex needs. [Click here to register.](#)

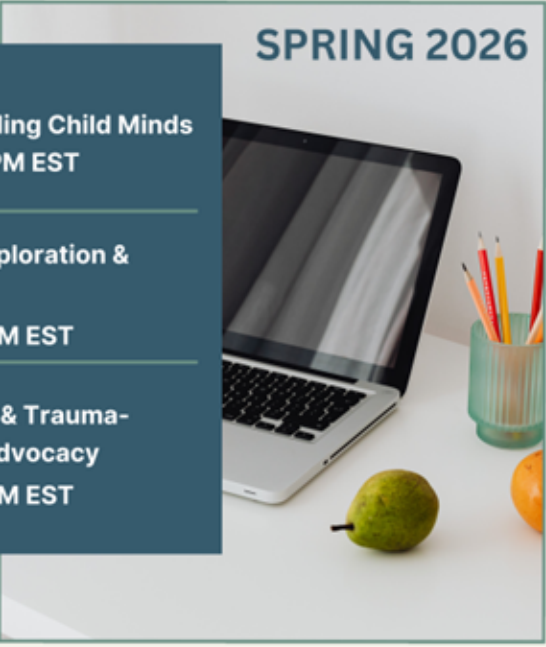
**ATTENTION ALL TRADITIONAL & NON-TRADITIONAL
NC EDUCATORS!!**

 **VIRTUAL WORKSHOP SERIES:**

**Foundations of Behavior Through
Trauma-Informed Lens**

SPRING 2026

April 14	Understanding Child Minds 4:00-5:30PM EST
May 5	Sensory Exploration & Regulation 4:00-5:30PM EST
May 26	IEPs, 504s & Trauma- Informed Advocacy 4:00-5:30PM EST



 **REGISTER
NOW!**



 **NORTH CAROLINA CENTER FOR
RESILIENCE
& LEARNING**
PUBLIC SCHOOL FORUM OF NC

[Understanding Child Minds](#), NC Center for Resilience and Learning, Zoom,
April 14, 4 pm - 5:30 pm, Free

Explore how trauma impacts child brain development and how behavior functions as communication. This session centers connection and understanding as the foundation for effective intervention. This is part one of a free three-part virtual workshop series designed to deepen understanding of student behavior by examining trauma's impact on development, sensory needs, and school-based systems of support. Learn more and [register on their website.](#)



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