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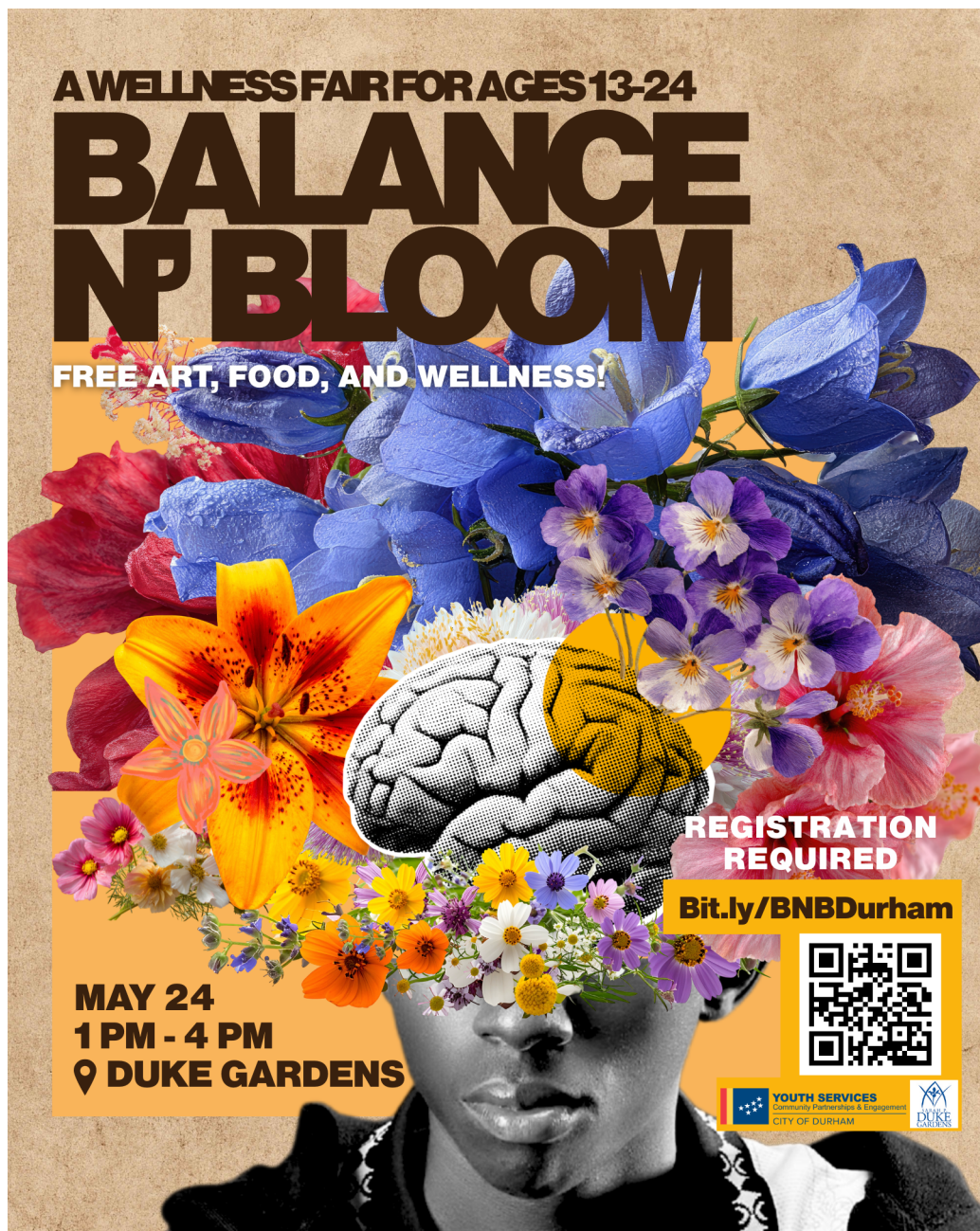


May 21st, 2026

## **Resilience Resource Review**

### **Durham Resources and Happenings**

Do you have an announcement about a new resource, program, or event? This is the spot to share it!



[Balance N' Bloom](#), *Changed By Youth Ambassadors, Duke Gardens, May 24th, 1pm - 4pm*

Join Changed by Youth Ambassadors for a free event of wellness, art, and community for young people ages 13-24 in Durham. Created by young people, for young people, this event is a dedicated safe space to experience belonging and discover creative ways to navigate stress, anxiety, and loneliness. Join the event at Duke Gardens on May 24th for: free food, interactive activities, fun art stations, and a space just to be. [RSVP](#) required by May 21.

# PreK Family Info Session #2

**May 28, 2026 at 5:30pm**

Virtual | English & Spanish

Join us to learn about:

- Notification timeline
- Expectations after placement
- Transition to PreK
- Creative Curriculum



Scan to  
register!



[PreK Family Info Session](#), Durham's Partnership for Children, Zoom, May 28th, 5:30pm

Join Durham's Partnership for Children and partners for a family information session on enrolling in PreK. The session will cover notification timeline, expectations after placement, transition to PreK, and PreK curriculum. The session will be virtual and hosted in English and Spanish. Please register [here](#).

# Opioid Settlement

Where Should Opioid Settlement Funds Go? Join The Conversation!



**JUNE 4, 5:00 – 6:30 PM**



**BOCC CHAMBERS (2<sup>nd</sup> Floor)  
ADMIN. I BUILDING  
200 E. MAIN ST, DURHAM, NC**

**WATCH LIVE ON YOUTUBE -  
REGISTER FOR STREAMING ACCESS**

**Help shape how opioid settlement funds are used in Durham.  
Learn what's being proposed and share your input!  
Light refreshments will be provided.  
Open to the public. All are welcome!**

- Learn how funds are being used
- Hear what's being proposed next
- Opportunities to share your perspective



**REGISTER HERE**

[bit.ly/48cxiVM](https://bit.ly/48cxiVM)



**SCAN ME**

**QUESTIONS & MORE INFORMATION, CONTACT:**  
Opioid Settlement Manager Jaeson Smith, [jaesonsmith@dconc.gov](mailto:jaesonsmith@dconc.gov)

[Opioid Settlement Community Meeting](#), Durham County Department of Public Health, Board of County Commissioners Chambers, June 4th, 5pm - 6:30pm

As Durham County approaches key funding decisions, now is a critical time for community input. Join the Durham County Commissioners and Department of Public Health on **June 4th from 5PM-6:30PM** in person at the Board of County Commissioners chambers or watch live on YouTube to share how opioid settlement funds should be used. Feedback gathered will help shape priorities for the upcoming fiscal year. If you're unable to attend, you can share your input through the survey here: [bit.ly/48cxiVM](https://bit.ly/48cxiVM). Your voice is an important part of this process!





Families Moving Forward & CHEFS FOR CHANGE

# RAISIN' THE ROOF

& RAISIN' FUNDS FOR FAMILIES & FMC

**JUNE 4 THURSDAY**

**Featuring the chefs of:**  
**VICEROY • NANASTEAK**  
**BORICUA SOUL • FLAMING HILLS**  
**BULL CITY BURGER AND BREWERY**

**AT: RECIY NETWORK**  
**DOORS OPEN AT:**  
**6:00PM**  
**TICKETS: \$50 PP**

**SWEET DESSERT & TUNES BY:**  
**THE PARLOUR**  
**DJ NABS**

**TICKETS**  
**FMCNC.ORG/TICKETS**

## ON SALE NOW!

[Raisin' the Roof](#), Families Moving Forward, ReCity Network, June 4th, 6pm  
 Join Families Moving Forward in partnership with Chefs for Change for their spring mixer, Raisin' The Roof, on **June 4th at 6pm at ReCity Network**. Expect a retro-inspired block party featuring small plates from some of Durham's favorite chefs & exciting new hot spots! This fun mixer is all about great food, great people, and a great cause. Come mingle with fellow community members, meet the chefs, and learn how Families Moving Forward partners with families navigating homelessness as they work to build stability and thrive. Tickets are on sale [here](#).



[Durham Hunger Day](#), NC Cooperative Extension, Durham Central Park, June 7th, 3pm - 6pm

Durham Hunger Day is an annual event that celebrates the dedication of our community to improve food security for all Durham residents. Join NC Cooperative Extension for the 5th annual Durham Hunger Day, with the special theme "Nourishing Neighbors," which highlights the incredible organizations working every day to eliminate hunger in our community. Enjoy free food giveaways, music, food trucks, kids' activities, community resources, and more. Participate by attending, buying a meal for a neighbor [here](#), or signing up to volunteer [here](#).

## ACEs and Resilience Research and News

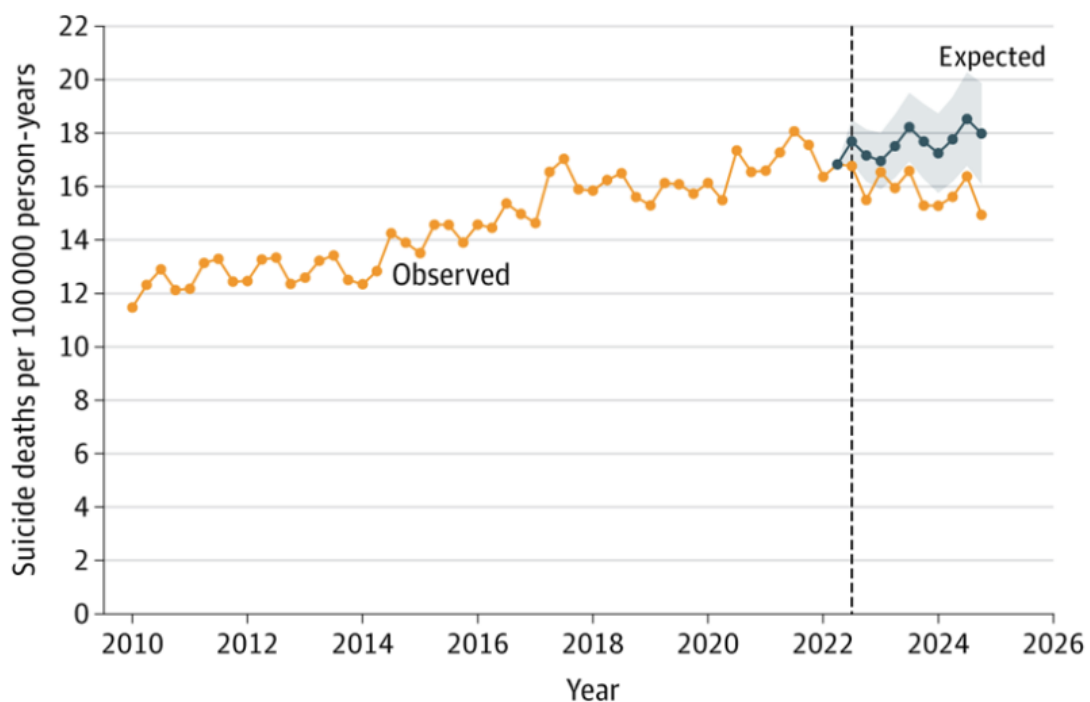
This section contains research - academic, community, and organizational - about topics related to ACEs and resilience. Did you recently release a report, publish an article, or read something that informed your practice? Share it here!



[2025 Annual Impact Report](#), *Families Moving Forward*

FMF's newly released Annual Impact Report is more than a snapshot of the past year—it's a window into the lives and relationships that make Families Moving Forward so special. Inside, you'll meet *L*, a former guest, and *Kim*, a dedicated volunteer, whose stories reflect the heart of the FMF community. Through their experiences, you'll see the impact of safe shelter, steady support, and the connections that help families move forward.

Figure 1. Graph of Suicide Deaths After Launch of the 988 Lifeline Among Adolescents and Young Adults



### [Suicides Decline after Launch of 988](#), *JAMA Network*

This Research Letter demonstrates that since the launch of 988, suicides among adolescents and young adults ages 15-34 have declined nationwide by 11% compared to the expected rate. States with the largest increase in 988 calls experienced the largest decrease in suicides. Read coverage of the Research Letter from the [New York Times](#) and [NPR](#).



### [Critical Access Toolkit for Substance Use Disorder](#), *Public Health Institute*

This Critical Access Toolkit from the Public Health Institute's Bridge program—produced with support from the Opioid Response Network and developed by experts in addiction medicine—provides resources on medications for opioid use disorder, overdose prevention tactics and harm reduction strategies. The Toolkit includes specific materials designed for clinicians, emergency medical services providers, hospital administrators, tribal leaders and people affected by SUD.

### [The Criminal Legal System, Serious Mental Illness, and Supported Reentry: The FIT Wellness Model](#), *North Carolina Medical Journal*

Prisons and jails have become the default safety net provider for people with serious mental illness (SMI) across the United States. The North Carolina Formerly Incarcerated Transition Program (NC FIT), including its unique program for people with SMI, FIT Wellness, connects people post-release from incarceration to essential health services. This article describes the connection between mental illness, substance use disorder, and the criminal legal system, as well as the role the NC FIT program plays in re-entry following incarceration.

## **Webinars, Conferences, and Trainings**

## Free Monthly Webinar

### Bridging the Gap: Practical Tools & Advocacy for Autistic Latino Youth & Their Families

Presented by: Gisela Esteva, Ph.D.  
& Antonio Pagán, Ph.D.



**June 5th**  
**12:00-1:30pm ET**

See registration page for  
NBCC, APA, & ASWB  
continuing education  
information.

**El Futuro**  
**La Mesita**  
join us: [la-mesita.mn.co](http://la-mesita.mn.co)

[Practical Tools & Advocacy for Autistic Latino Youth & Their Families](#), *La Mesita, Virtual, June 5th, 12:00pm - 1:30pm*

Join La Mesita, a project of El Futuro, for this webinar exploring culturally responsive approaches to supporting Latino children with autism (preschool to middle-school aged) and their families. Presenters will discuss key considerations when addressing autism within Latino communities, including cultural values, stigma, language access, and family dynamics. Participants will also be introduced to practical tools and strategies that providers can implement right away with Latino families. Register [here](#).



**Mid-Atlantic Regional**  
PUBLIC HEALTH TRAINING CENTER

[Navigating Difficult Conversations](#), *Mid-Atlantic Regional Public Health Training Center, Virtual, June 2nd, 12:00pm - 1:00pm*

Join the second training in the Trauma-Responsive Communication Webinar Series to examine how stress and moments of perceived criticism, disconnection, or misunderstanding can trigger defensive responses that shape how we communicate and relate to others. The session will introduce trauma-responsive communication practices that help reduce defensiveness, increase understanding, and support more constructive conversations. Register [here](#).

[Public Health StoryLab: Harnessing Narrative for Public Health Impact](#), *Mid-Atlantic Public Health Training Center, Virtual, June 9th, 2pm - 4pm*

In this interactive 2-hour webinar, participants will explore how narrative shapes understanding, influences behavior, and supports equitable public health practice. Drawing from communication, social sciences, the arts, and public health, this session introduces storytelling as a powerful method for problem solving, collaboration, and interdisciplinary innovation. Register [here](#).

## Job Opportunities

Please contact the hiring agency with any questions.



[Nurse Home Visitor](#), *Family Connects Durham, Center for Child & Family Health*

A Family Connects Durham home visiting nurse offers visits to all families in Durham County who want one. The goal is to support and evaluate family needs across 12 areas of physical and mental well-being and to facilitate referrals and connections to community agencies that can help families in these areas. The nurse will work with a team of both clinical and non-clinical staff to schedule, conduct visits, and support families in the community, following the evidence-based Family Connects home visiting protocol. Learn more [here](#).

## Funding Opportunities

[Frankenmuth Charitable Foundation Grants](#), *Frankenmuth Insurance*

The Frankenmuth Charitable Foundation supports tax-exempt, not-for-profit organizations and governmental units providing services in states where Frankenmuth Insurance operates, including North Carolina. The Foundation

supports the following types of causes: building better communities; basic human needs, such as affordable housing and food; disease research, preventive solutions, and general health and wellness programs; and music, theater, and the arts. Applications accepted on a rolling basis. Learn more and apply [here](#).

[Stantec Community Engagement Funds](#), *Stantec*

Stantec aims to support organizations that share their commitment to creating lasting and meaningful change through four identified sectors; arts, education, environment, and health and wellness. Funding can support a variety of projects under these core areas including projects around environmental responsibility, art education, visual and performing arts, museums, and more. Applications accepted on a rolling basis. Learn more and apply [here](#).

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